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JANUARY 2016

# Caroline Review

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JODI CALLAHAN –

Outstanding Agricultural Teacher (Animal Science)

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## Tuckahoe Habitat for Humanity says "THANKS"

The public is invited to join us at 5:30 p.m. on Saturday, January 23<sup>rd</sup> for our Volunteer Appreciation and Recruitment Banquet (Dinner/Presentation) at Denton Church of the Nazarene, 10660 Greensboro Rd, Denton. Admission is free, however no admission without an RSVP by January 8th. To RSVP call 410.479.9200 or email volchfh@comcast.net. The favor of your early reply will be deeply appreciated.

We have volunteer opportunities available in the areas of board members, committee members, job site workers, fund-raisers, and of course we have positions for partner families (those needing a home). We hope that by attending this event, you will leave more informed about the great works of Tuckahoe Habitat, and we also hope that you will make the decision in 2016 to take advantage of the many exciting volunteer opportunities we have to offer. We look forward to seeing you at the Banquet.

\*Caroline County Habitat for Humanity is now serving Caroline & Queen Anne's Counties under our new name, Tuckahoe Habitat for Humanity.

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## Caroline Review

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**January 15**

Please email or fax all ad information  
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# Jodi Callahan Named Outstanding Agricultural Teacher in the Area of Animal Science by the Maryland Agricultural Teachers Association

By JOHN P. EVANS III

Jodi Callahan knew at an early age she wanted to be a teacher.

Even though she grew up on a farm, however, she didn't realize until much later that she wanted to teach about agriculture.

"Growing up, my father was a dairy farmer and my mother sold farm equipment. We used to say that 'mom makes it and dad breaks it,'" said Callahan, who has taught animal sciences for six years at the Caroline Career and Technology Center. "It was always red (for Hoover farm equipment) and green (for John Deere tractors) around our house."

As for her career path to teaching, Jodi said it was a profession she "chose out of the blue" when she was three years old.

"Someone asked me what I wanted to be when I grew up and I said a teacher. My mom said hopefully I wouldn't be an English teacher," she added. "I was in the fourth grade when my brother took his first course in agriculture (he was three years older). Later, I got to meet his teacher. After that meeting, I had made my decision. I said 'I want to teach agriculture.'"

She was nine years old at the time. Her career path set, Jodi went to college at Delaware State where she studied General Agriculture.

"I still hadn't decided between plants and animals. I was substitute teaching while I looked for a job," she added.

A friend of hers taught animal science at CCTC and left the job. Callahan applied for the job and shortly thereafter "got the call."

"It was what I was born to do. I absolutely love my job," she said of her decision to take the job.

The love for her work and her teaching success apparently earned her the respect of her peers. Last July, she was selected as the Outstanding Agricultural

Teacher in the area of Animal Science by the Maryland Agricultural Teachers Association.

Nomination for the award is anonymous, so it was an honor that Jodi neither expected nor knew anything about until told she was a finalist.

"It was unexpected. I had no idea. I didn't even know much about the award except that members of the organization nominate a teacher from their region," Jodi explained. "There are only five regions."

A person can't nominate themselves for the award, which is given based on how successful the nominee's animal science instruction has been, what it's achieved and how it has affected the students within the program.

"It was cool because it's based on the success of the program at CCTC," said Jodi. "It meant others thought a lot of our program."

At CCTC, students can choose one of two pathways for agriculture – animal science or horticulture.

Jodi said that when she first started teaching at CCTC the number of students in the program was getting lower and interest appeared to have bottomed out.

About the time she came to CCTC, the school adopted a new curriculum known as CASE. Introduced in 2007 by the National Council for Agricultural Education, CASE's goal initial mission was "to implement a national curriculum for secondary education that provides a high level of educational experiences which enhance the rigor and relevance of agriculture, food and natural resources subject matter."

In addition to improving on the delivery of knowledge, CASE also is designed to provide "purposeful enhancements in science, mathematics and English language understanding."



"The idea was to give the students more ownership ... to make it more hands on and less lecturing. Every day, the students in my classes do something that is hands on," explained Callahan.

A program such as CASE is especially worthwhile in a school system like Caroline County's where despite the rural nature of the county and the major role farming plays in the county's economy, only three of the 60 students enrolled in ag and plant courses at CCTC have a direct farming background.

Jodi doesn't take credit for the change in the curriculum, but said she has been impressed with the growth in the program since she began teaching and what the students are learning.

"Despite the fact that there are 5.3 million jobs in agriculture nationwide, a lot of farm kids aren't coming back home to run a beef farm or sit on a tractor," said Jodi. "It's important for students to know that there is so much more available in the field of agriculture, and to those who do come back to the farm, that there is so much more to learn as regards technology and science as it benefits the farmer."

An example herself of a farm kid who stayed in agriculture, but not directly as a farmer, Jodi said many advancements make farming easier in a lot of ways.

"There is a lot more to learn today but in a lot of ways it's easier to get answers. When I was growing up and raising livestock for 4-H, I did it myself. If I had a question, my dad told me to find it out myself. There was no Google back then," she added.

Even though she is now the teacher, Mrs. Callahan said her career helps to fulfill her passion for learning.

"I believe that you never stop learning. My passion for learning and the fact that the students are so eager to learn, is why I love my job," she said.

Jodi said there is a wide scope of agricultural-related subjects. One of the foundations of her courses is that each student is required to complete a Capstone Research Development project, the subject of which is chosen by the student.

"These projects can be very interesting," Jodi said. "The idea behind the projects is to help students to understand the specific connections between animal science lessons that are important for the development of an informed (agricultural education) student. Students will investigate, experiment and learn about documenting a project, solving problems, and communicating their solutions to their peers and members of the professional community."

Another advancement in the "hands on" approach since she has started with CCTC, is that up until this year there had been no environment with animals located at the school. In the past animals were brought into the school, but didn't stay there. The school did have an on-site green house, however.

"I looked at the data and saw that we had 16 to 17 graduates yearly in animal science, but only two in plant science," she said.

With this information in hand, Jodi went to her supervisor and successfully lobbied the county school board to build an on-site livestock facility.

"The school board has been very supportive," she said. "The livestock facility is finished. Animals are expected to come in February or March."

The first group of animals will be pigs and sheep.

"There won't be any cows or horses yet (due to space issues). Everything is planned in two-year cycles, so there are a lot more opportunities (in the future),"

said Callahan of future development of the school-based livestock availability.

"We want to teach them what it takes. Breeding, birthing, tagging, daily care of the animals, what takes place before they go to market," she said. "This will show the kids how animals are really cared for and give them the experience of ownership through the entire lifespan of an animal."

Callahan said this kind of program will better prepare CCTC students for studying animal science in college.

"If they go to college and take animal science, the professors will expect these kids to know this. Our goal is that they get that knowledge here," she said.

Callahan also said that technological training and how it assists farmers has been given more importance in today's curriculum.

"There is so much new to be taught. My job is different every day," she said. "There is so much technology in farm



Ridgely Lions Club

# Fruit Sale



Available for pick up on Saturday, January 23<sup>rd</sup> from 9 AM to noon at Ridgely United Methodist Church, 109 Central Ave. Ridgely.

**Order by Saturday, January 24<sup>th</sup>. Make checks payable to Ridgely Lions Club.**

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## CAROLINE NORTH LITTLE LEAGUE

**Tuesday, January 12 • 5 PM - 8 PM**  
Greensboro VFD Hall, Greensboro Rd

**Saturday, January 16 • 12 PM - 4 PM**  
Greensboro VFD Hall, Greensboro Rd

**Saturday, January 23 • 10 AM - 1 PM**  
Queen Anne's Public Library, (121 S. Commerce St,  
Centreville, Parking Lot in Back of Library)

**Wednesday, January 27 • 5 PM - 8 PM**  
St. Benedict's Church Hall, (408 Central Ave, Ridgely,  
Behind the Church)

**Saturday, January 30 • 10 AM - 2 PM**  
St. Benedict's Church Hall, (408 Central Ave, Ridgely,  
Behind the Church)

**T-Ball Registration fee by 1/30/16 is \$75 per child;  
after 1/30/15 is \$90 per child.**

**Baseball/Softball Registration fee by 1/30/16 is  
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ing that anyone choosing (to run a farm) nowadays, should have substantially more knowledge. It's not like in the past, you have to be more specialized now. There is a lot more to farming than people would think . . . it's no longer like traditional farming was."

Jodi is also co-advisor with horticulture teacher Alyssa King of the county's Future Farmers of America chapter, fundraising being one of her principal responsibilities.

"We work well together. We're like a well-oiled machine," she said of her relationship with King.

Jodi said membership has increased from 17 her first year with FFA to 42 last year. This year, there are 35 FFA members.

Jodi said part of her mission for FFA members was for them "to be able to educate others."

"I expect my members to be able to say where food comes from and explain the safety of growing it on a farm," she added.

In both her CCTC classes and FFA duties, there is a lot she takes pride in.

"It is so cool to see how much the kids learn and how well they are able to pass it on to others through their ability to give presentations," said Callahan.

Jodi has a family life as well and is very much involved with her church, Fairview Church of the Brethren. She and her husband David live in Easton and have two children, Carlee and Hoyt.

"I am very lucky. I have a great family and I love my job," she said.

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## Caroline County Garden Club Decorates Tree for State House

On November 30, members of the Caroline County Garden Club decorated a Christmas Tree at the State House in Annapolis, and met with Maryland's First Lady, Yumi Hogan. All of the ornaments were made by members of the club and represented many facets of the county. Represented on the tree were the ten incorporated towns of Caroline County, the county bird, tree and flower, Linchester Mill, Colonel Richardson's grave site, Benedictine School, the Mason-Dixon marker in Marydel, and our former Governor Harry Hughes.

Ornaments depicting baskets of produce grown in Caroline County were also included. Major crops of corn, wheat, and soy beans were represented, as well as farm animals.

Our tree was a big hit among the other clubs decorating their county trees. The display of county trees is well worth a visit. All if the trees are uniquely beautiful.



Bringing in the New Year is a perfect time to thank all of our loyal patrons and to let you know we appreciate each and every one for your loyalty.

Happy New Year  
and all best wishes for 2016

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## Empower Me Program

*Come and learn how to talk to children about personal safety*

The Easton Branch of the American Association of University Women (AAUW) will present the Empower Me program from 10 AM -12 Noon on January 16 at the Talbot County Public Library in Easton. Please come and learn how to talk to children about personal safety. This presentation provides current information about various safety concerns children and teens are facing today, both in-person and online, and how to educate youth on those concerns in a positive way. The presentation will also provide information about the Empower Me youth presentation that is being presented to the youth in our community. This program teaches children about personal safety in an interactive way. Topics covered are: the buddy system, checking first, secrets vs. surprises, 5 trusted adults, listening to your "uh-oh" feeling, and body ownership. Never fear-based, this material is covered in a way that empowers children.

On September 29<sup>th</sup>, 2015, ninety Talbot County community members from

more than 20 organizations took part in the first Empower Me training program. Trainers are coming from many aspects from our community, state's attorney's office, child welfare, law enforcement, child care, and many others. April Sharp, Talbot County Department of Social Services Director said that the goal of the program is to train adults to prevent child abuse and provide children with the knowledge to establish safety rules and the resources necessary to alert an adult they trust when they feel they are in danger.

This program will be presented by one of our certified Empower Me trainers and is open to all members of the community.

The AAUW mission is to advance equity for all women and girls, through advocacy, education, philanthropy and research. For membership information contact Janet Harford at 410-476-5961.

# Tide Table

Predictions for Tuckahoe  
(See below for other factors)

Local Standard Time

January

Date	AM	PM
1	12:30 Hi 7:04 Lo	1:03 Hi 7:25 Lo
2	1:12 Hi 7:51 Lo	1:53 Hi 8:16 Lo
3	1:57 Hi 8:39 Lo	2:46 Hi 9:09 Lo
4	2:45 Hi 9:28 Lo	3:40 Hi 10:01 Lo
5	3:36 Hi 10:17 Lo	4:35 Hi 10:55 Lo
6	4:29 Hi 11:07 Lo	5:28 Hi 11:49 Lo
7	5:23 Hi 11:58 Lo	6:20 Hi
8	12:42 Lo 6:15 Hi	12:49 Lo 7:09 Hi
9	1:33 Lo 7:06 Hi	1:38 Lo 7:56 Hi
10	2:22 Lo 7:57 Hi	2:27 Lo 8:43 Hi
11	3:10 Lo 8:48 Hi	3:16 Lo 9:29 Hi
12	3:57 Lo 9:40 Hi	4:06 Lo 10:14 Hi
13	4:44 Lo 10:31 Hi	4:56 Lo 10:58 Hi
14	5:31 Lo 11:23 Hi	5:48 Lo 11:42 Hi
15	6:19 Lo 12:16 Hi	6:41 Lo
16	12:28 Hi 7:08 Lo	1:11 Hi 7:36 Lo
17	1:17 Hi 7:59 Lo	2:09 Hi 8:31 Lo
18	2:10 Hi 8:50 Lo	3:08 Hi 9:26 Lo
19	3:06 Hi 9:42 Lo	4:08 Hi 10:22 Lo
20	4:05 Hi 10:36 Lo	5:07 Hi 11:18 Lo
21	5:05 Hi 11:30 Lo	6:04 Hi
22	12:13 Lo 6:04 Hi	12:24 Lo 6:58 Hi
23	1:06 Lo 7:00 Hi	1:16 Lo 7:48 Hi
24	1:57 Lo 7:53 Hi	2:07 Lo 8:35 Hi
25	2:45 Lo 8:44 Hi	2:56 Lo 9:20 Hi
26	3:32 Lo 9:33 Hi	3:44 Lo 10:02 Hi
27	4:18 Lo 10:19 Hi	4:32 Lo 10:42 Hi
28	5:02 Lo 11:03 Hi	5:19 Lo 11:20 Hi
29	5:47 Lo 11:47 Hi	6:07 Lo 11:59 Hi
30	6:33 Lo 12:31 Hi	6:57 Lo
31	12:38 Hi 7:19 Lo	1:18 Hi 7:47 L

Add or Subtract Hours and/or Minutes as indicated:

	AM	PM
Greensboro	Add :25	Add :43
Choptank	Subtract 3:06	Subtract 2:23
Denton	Subtract :40	Subtract :03



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## Era of Easy Money is Coming to an End?

Now that the Fed has done the dirty deed and increased the Fed Funds rate we can all sit back and watch interest rates begin a slow and methodical climb. Along with the increase in interest rates the amount we can borrow for mortgages and car loans will decrease so we will have to settle for cheaper transportation and smaller houses.

We have enjoyed historically low interest rates since the Federal Reserve began lowering interest rates in 2009. And when our economy didn't react to near zero percent rates that the FED controls they did something that had never been done before, they purchased billions of dollars' worth of mortgage backed securities and treasury bills to pump money (liquidity) into the economy. Known as Quantitative Easing, or QE, it has turned out to be one of the best business moves the Federal Government, or any Government for that matter, could make.

The amount the government invested in both QE 1 and QE 2 has been repaid by both Fannie Mae and Freddie and these quasi-governmental agencies are consistently paying dividends to Uncle Sam. So from a purely investment standpoint the funds used to shore up, or bail out

the Government Sponsored Enterprises (Fannie Mae, Freddie Mac) not only was a good investment but saved the residential housing market as we know it.

Now that the era of easy money is coming to an end, what can we expect to happen? How high will interest rates go and how fast will they get there?

Well, first of all, no one should panic. The move was as small as the Fed could do at ¼%. The Federal Funds Rate is a short term rate that banks charge each other to borrow money for as short a time frame as overnight. It is not directly related to mortgage rates but it does effect the Prime Rate and in most cases credit card rates.

Prime Rate is important because it is the index for home equity lines of credit and many commercial loans. Homeowners with equity lines of credit will see an increase in their interest rate, which at .25% will not have a significant impact on most payments. But over time, if the Fed continues to increase rates, the cost of home equity loans would go up. And because many homeowners are ending the 10 year period where they can draw on their home equity and are forced to

begin to make principal and interest payments, the Fed increase could not come at a worse time.

Credit card rates will most assuredly go up although I would argue that for most people it is not going to matter a whole lot because their rates are high anyway. And for many of those with really low rates, the increase won't hurt that much because they don't carry a very high balance, if any at all.

But what will happen to all those people who have revolving balance accounts that require very little, if any repayment of principal? How, or what can they possibly do?

The easiest answer for anyone with revolving account balances, whether secured by your home or unsecured like a credit card, is to pay them off. But for many people this is easier said than done.

As we begin the New Year of 2016 the first thing everyone should do is to find out what your credit report looks like. Go to [annualcreditreport.com](http://annualcreditreport.com) and run your free credit report from all 3 repositories, Equifax, Transunion and Experian. The repositories are required to provide 1 free report to you every 12 months. This is a good time frame for those with a small number of credit accounts with any activity. But, if you have a lot of outstanding credit I suggest running credit from one repository every 3 or 4 months. By alternating which repository you pull from you are able to look at your credit 3 times in a given 12 month period instead of once. And to be honest, most creditors are now reporting to all three repositories as a normal course of their business, which means all of your creditors are showing on each report.

Once you have your report in hand, look at your revolving debt accounts and read their statements when you receive them to see what the rate is that you are pay



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ing. It surprises me how many people don't have any idea what rate they are paying on their credit cards or in many cases don't really care.

If you are paying 24% on any of your cards the Fed increase in rates will not have any impact because you are paying the highest rate allowed by law, and it can't be increased. If you are paying 24% you will spend most of your lifetime trying to pay off high balances, and if your balance is low and you are being charged a rate that high then I suggest paying it off and closing it as soon as possible.

For those paying rates lower than 24% the goal should be to pay down the balances with the highest rate first because rate increases will have the most significant impact on your payment. And this is also a time to look at all of your credit card usage. Do you really need those store cards if you carry balances with them? Store cards traditionally carry higher interest rates than major credit cards like Visa, MasterCard or Discover. You may be better off closing the higher rate store card and using a lower rate major card instead.

Mortgage rates initially were not impacted by the Fed move, actually it was a non event. Janet Yellin made it quite clear that any future moves upward will be slow and methodical and will be contingent upon how the overall economy is doing, and how inflation is acting. The Fed has a target of 2% inflation as an indicator of a growing, dynamic and prosperous economy and lower inflation

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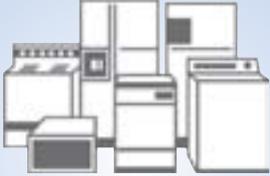
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for sustained periods of time saps economic growth. And as inflation begins to increase closer to that 2% level we will see mortgage rates increasing also.

I believe that higher inflation has a larger impact on increased mortgage rates than Fed Policy does. Interest rates didn't increase when the Fed did it on December 16<sup>th</sup> because the market was anticipating it. It is when the Fed surprises the market that spikes are created. If they were to come back and do another increase in February, when they said they were going to go slow, that would create a spike in rates.

For now, if you are considering buying before rates increase then you should get your financial house in order and check out the market. With favorable rates and reasonable prices, now is still a great time to buy. If you are considering refinancing, for whatever reason now is the

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## Caroline Council of Arts

*The Foundry's Featured Artist  
for January 2015*

Janice Knauss



ACRYLIC, WATERCOLORS, OILS;  
CURRENT MEDIUM: BURLAP AND INK

I've been interested in drawing and painting all of my life. I remember using pens and pencils on line-paper when I was very little. My favorite time in school was spent in art class or on projects requiring crafts. Sketching was fun for me and then I worked with oil paint and watercolors and then acrylics. My grandmother loved to make crafts and was my greatest influence. She taught me sewing, crochet and embroidery. I watched her make big flower arrangements and give them away as gifts.

My father wanted me to have a good business education and so I received my bachelor's degree in business at Wesley College in Dover, Delaware. I took all the art classes I could within the curriculum and the required marketing courses improved my outlook on the benefits of selling my artwork one day. I furthered my education with graphic design and journalism courses at Delaware Technical Community College and then worked for six years as a graphic designer for local newspapers.

My work usually involves the outdoors. Whether my subjects are fish, flowers or animals, I like to bring the viewer outdoors. I grew up and still live in a rural area of Goldsboro and most of what I

paint or sketch is what I have seen for myself. I live with my husband and two children in Goldsboro. While my kids are at school I paint and sometimes I visit their school as a volunteer and help the art teacher display students' artwork. My favorite time away from my artwork is spent with my family taking day trips to visit family and going to parks and museums.

I have artwork hanging at the Foundry which makes me very proud and I started an Etsy Shop ([www.etsy.com/shop/JsArtDesigns](http://www.etsy.com/shop/JsArtDesigns)) with the hope of selling my artwork online. I also have artwork on the Foundry's Etsy shop ([www.etsy.com/shop/FoundryArtGallery](http://www.etsy.com/shop/FoundryArtGallery)).



This is a 14x11 acrylic painting on stretched white canvas, called "Yellow Perch in the Choptank." I have often seen my husband and kids catching fish and I think the yellow perch is one of the prettiest. This painting is how I imagine it looks as it swims underneath the waters of the Choptank.



On Saturday, January 9, 2-4 p.m., there are several activities at The Artsway!

- The Foundry community art gallery will offer a painted burlap activity by featured Foundry artist, Janice Knauss. Materials will be provided to stencil and paint a 4x6 or 6x6 burlap piece that you can take home to mat and frame. This activity is free and open to all ages.
- The Fiber Arts Center of the Eastern Shore (FACES) kicks off their Second Saturday Sit and Sew with FACES instructor Lynn Davis. Participants will learn how to make a jewelry pouch.

Materials will be provided for attendees to make and take home a completed item. \$10/members, \$15/non-members; for ages 16 and up. Drop-ins welcome to observe, but you must register in advance to participate in the class at [fiberartscenter.com/category/current-classes/](http://fiberartscenter.com/category/current-classes/).

The Artsway is located on Fourth Street, between Market and Gay Streets in Denton. Demonstrations and activities from a variety of artists are typically held either at The Foundry community arts gallery (401 Market St.), FACES (7 N. Fourth St.) or at the Community Demonstration Garden (behind FACES). For more information please contact the Caroline County Council of Arts at 410-479-1009 or visit [www.carolinearts.org](http://www.carolinearts.org). Sign up for the CCCA e-newsletter at [carolinearts.org](http://carolinearts.org), or friend us on facebook for more details.



Friday Nites in Caroline kicks off the season with:

- Mickey Justice & Friends on January 22nd at 7 PM at the Second Story Stage of the Caroline County Public Library, 100 Market Street, Denton. Enjoy progressive bluegrass & acoustic adventures.

## Fiber Arts Center of the Eastern Shore (FACES)

The Fiber Arts Center of the Eastern Shore (FACES) is a program of the Caroline County Council of Arts and is located at 7 N. Fourth Street, Denton.

Visit the current exhibit Thursday to Saturday from 12-4 PM.

### Exhibit Information

#### Knitting: The Everyday Art January 15 – March 26

Let's celebrate this most noble of fiber arts! Knitting is such a common presence in our everyday that we forget just how amazing it really is. The women and men that knit today are artists with yarn and create warmth and beauty in everything that comes off their needles. We are honored to present a few of these local artists and showcase the diversity of the world of knitting.

#### Downton Abbey Mystery Quilts January 15 – March 26

Opening reception: Saturday, January 16, 2-4 pm Inspired by the hit PBS series and the fun of making a mystery quilt, a group of local quilters met at FACES this summer and individually completed their own versions of a Downton Abbey Quilt. See the results on display at FACES.

#### Class Information

**FACES First Saturday Applique Bee.** Saturday, January 2<sup>nd</sup> from 9 AM-12 PM; \$5 /members, \$10/non-members; for adults. Follow up on former applique classes and complete your projects. Led by FACES applique instructor, Kay Butler.

**FACES First Sunday Meet & Sew.** Sunday, January 3, 1 - 4 PM; \$5 /members, \$10/non-members; for 16 and up. Do you have a sewing or quilting project that's just not getting done at home? Want to reduce the items in your mending basket, finish that quilt, sew the final bit of that dress? Meet like-minded individuals, help each other, and have fun finishing your projects!

**Beginning Hand Quilting.** Tuesday, January 5, 10 AM - 2 PM; Instructor, Kay Butler; \$25/members, \$30/non-members; for adults. Start the new year by learning a sewing skill of yesteryear. There's much to be learned including the use of proper tools, basting and quilting stitches, types of batting, thimbles, marking tools, thread, hoops and frames as you stitch a lovely 18" whole-cloth quilt.

**Sit & Sew at FACES.** Instructor led sewing projects on the second Saturday of every month from 2 - 4 PM (NEW DATE & TIME); Instructor, Lynn Davis; \$10/members, \$15/non-members; for ages 16 and up; supplies included. Drop-ins welcome to observe.

- Saturday, January 9, Jewelry Pouch
- Saturday, February 13, Memory Shirt Pillow
- Saturday, March 12, Zippered Wristlet/Crossbody
- Saturday, April 9, Wine Tote
- Saturday, May 14, Tote Bag

- Saturday, June 11, Pillow Case

**Hundred Good Wishes Quilt Throw.** Sundays, January 10, 17, 24, & 31; 1-5pm; Instructor – Lynn Davis; \$40/members; \$45/non-members; for ages 16 and up. Learn beginner patchwork and the quilt-as-you-go method to complete this throw.

**Beginning/Intermediate Applique – Rebecca's Fancy Quilt.** Tuesday, January 12, 10 AM-4 PM & Wednesday, January 20, 10 -11 AM. The same class is also offered Tuesday, January 26, 10 AM-4 PM & Wednesday, February 3, 10 AM-1 PM. Instructor, Kay Butler; \$35/members, \$40 non-members; for adults. Learn to needle turn hand applique the easy and perfect way using the back basting method. Get smooth, round edges, stems and leaves with points. Learn all the steps from tracing your pattern to sewing the block by hand. No sewing machine necessary.

**Little House on the Prairie Mystery Quilt Along.** Every other Tuesdays, starting January 12th: 6:30-8:30 PM; Visit [www.fiberartscenter.com](http://www.fiberartscenter.com) for more details.

For more information and to register for classes visit [www.fiberartscenter.com](http://www.fiberartscenter.com) or contact 410-479-0009, [info@fiberartscenter.com](mailto:info@fiberartscenter.com).



## Marriage Licenses

Mary Cynthia Hill, 24, Greensboro and James Rodney Bambarly, III, 23, same

Cierra Janen Ray, 25, Denton and Timothy Byron Crawford, Jr., 24, Baltimore

Crystal Dawn Fields, 28, Federalsburg and Lemuel Beau Hardaway, 42, same

Iлона Magdalena Grzesiak, 23, Preston and Ryan Daniel Teat, 25, same

Lucia Tomas Perez, 26, Centreville and Hilario Jose Macario Vasquez, 31, same

Sandra Hamstead Robinson, 64, Federalsburg and Alexander Bernard Anderson, 64, Naples, Florida

Yung-Ting Tsai, 32, Denton and Daniel Scott Saunders, 29, same

Jean Elizabeth Fagan, 24, Harrington, Delaware and Justin Christopher Bacon, 24, same

Jessica Lauren Mowbray, 29, Federalsburg and Justin Aaron Cummings, 22, same

Courtney Nichcole Glanville, 20, Ridgely and Robert Blake Ireland, 24, same

Catherine Helen Johnston, 47, Dover, Delaware and Anthony L. Blann, Jr., 47, same

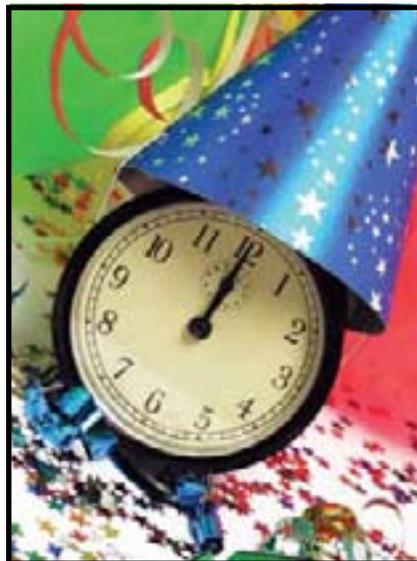
Michele Rose Francis, 30, Marydel and Melvin Vincent Burris, Jr., 29, same

Kathleen Lois Clark, 55, Federalsburg and Earl Carey Wilson, Sr., 61, same

Veronica Hernandez Ortiz, 23, Henderson and Uvilder Avimael Gomez Fuentes, 28, same

Shineka Latoya Hudson, 30, Denton and Adam Troy Hardison, 38, same

Kelli Angelique Spiering, 42, Dover, Delaware and John Grover Wolfe, II, 42, Mechanicsburg, PA.



*Wishing you health and happiness in 2016. Many thanks for your support last year.*

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# 2016

## We've come a long way, baby!



This year marks the 30<sup>th</sup> year of our dental practice here in Denton and the 34<sup>th</sup> year of our partnership as husband and wife. We married the day after we graduated from Dental School. Each of us did a General Practice Residency program where we received additional hospital training in the care of medically compromised patients and advanced dental training. Dr. Holsinger's program was at Wilmington Medical Center, Wilmington, DE, and Dr. Higgins did a program at Baltimore City Hospitals, Baltimore, MD. Later we were associate dentists here in Delmarva.

When we found out we were going to have our first child we decided to return to Dr. Holsinger's hometown of Denton to plant our roots for the future. And the rest, as they say, is history. And what a history it has been!

*Thank you for making the journey with us.*

With sincere gratitude,  
*Patricia E. Higgins, DDS and Rowland S. Holsinger, DDS*

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# CRHS Students of the Month

## Freshman Student of the Month: Ka'Nyha Raikes



Ka'Nyha Raikes was nominated as Freshman Class TOUGH Student of the Month by both Mrs. Wilson and Mrs. Costagliola. Mrs. Wilson states that Ka'Nyha, "is always so pleasant, friendly and respectful when she comes to the Media Center" and Mrs. Costagliola describes Ka'Nyha as, "a very conscientious student. She is always on task and completes her assignments. If needed, she will use her AE time in order to be successful. She is a pleasure to teach." Ka'Nyha lives with her mom, dad, and brother in Preston. Her favorite class is Engineering through the Project Lead the Way program because it is fun and Engineering is what she wants to major in after graduation. She is thinking of attending Liberty University in Virginia for their Engineering program. Her extracurricular activities include: Concert Band, JV Volleyball, JV Basketball, and JV Softball in the Spring. Outside of

school, her interests include dancing for her United Methodist Church in Centerville.

**FUN FACT:** Her favorite exotic animal is a koala bear!

## Sophomore Student of the Month: Kathryn France

Mrs. France nominated Kathryn France as Sophomore Class TOUGH Student of the Month. Mrs. France states that Kathryn, "balances sports and academics successfully, challenges herself by taking AP Government, and is a member of the Spirit Club." Kathryn lives in Easton, MD with her mom, dad, and little sister. She says her favorite class is Algebra II because she loves Miss Tumpa. After school, she participates in JV Volleyball, JV Softball, and is an active member of the Spirit Club. Outside of



school, her interests include hanging out with friends and going shopping. Although undecided about her future college plans, she is currently considering attending Providence College in Providence, Rhode Island to major in Physical Therapy.

**FUN FACT:** Kathryn's favorite Alex and Ani bracelet is the crab because it reminds her of Maryland!

## Junior Student of the Month: Morgan Willoughby

Morgan Willoughby has been nominated as the Junior Class TOUGH Student of the Month by Mrs. France who describes Morgan as, "balances sports and academics successfully, she exemplifies all TOUGH characteristics and is even a member of Spirit Club." Morgan lives with mom, dad, and dog Jillian in

Federalsburg, MD. Her favorite class is Teaching as a Profession. She has many extracurricular activities, which include: Spirit Club, Yearbook Club, Varsity Volleyball, Varsity Softball, and National Honor Society. Outside of CRHS, Morgan participates in hip-hop, modern, and tap forms of dance. Although she's not sure where she'll attend

### Mentoring is learning throughout the day.

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Caroline Mentoring Project @ the



college, she knows she wants to major in Elementary Education and become a Kindergarten teacher.

**FUN FACT:** Morgan is going to ask Santa Claus for jewelry and a car!



### Senior Student of the Month: Brooke Coulbourne

Mrs. France nominated Brooke Coulbourne as the TOUGH Senior Class Student of the Month. Mrs. France describes Brooke as, “very supportive of others, participates in class, tries to challenge herself differently in different classes.” Brooke lives in Preston, MD with her mom, dad, and 3 dogs, Oscar, Felix and Wilma. Her favorite class is AP Biology and Human Growth and Development. Brooke is the Editor of the CRHS Yearbook as well as a member of National Spanish Honor Society and the prestigious National Honor Society. Her interests include: reading, babysitting, and PUGS! She plans to attend Salisbury University next year and major in Elementary Education and minor in Spanish or German.

**FUN FACT:** Brooke’s favorite lunch is Chef Boyardee Spaghetti O’s!

## Caroline Career and Technology Center's Students of the Month | November 2015

- |                                |  |
|--------------------------------|--|
| Case-Animal, Alex Eaton        | Cosmetology, Maddie Rada                   |
| Case-Plant Brianna Sears       | Culinary Arts, Danielle Schmitt            |
| Auto Tech, Dylan Horn          | Health Occupations, Lawren Wheeler         |
| Auto Tech, Matthew Snoots      | Industrial Technology, Jimmy Calmo-Fuentes |
| Construction, Christopher Hale | Digital Media, Kayla Johnson               |
| Cosmetology, Natalee Moran     |  |



Left to right: Brianna Sears, Kayla Johnson, Matthew Snoots, Dylan Horn. (Other students not pictured due to state testing)

Joseph H. McCarthy, D.D.S., P.A.

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## Ridgely Lions Announce January Fruit Sale

The Ridgely Lions Club announced that they are now taking orders for their January citrus fruit sale. Lions will be selling navel oranges, tangerines and red grapefruit to support their vision and hearing programs and for donations to local charities. The special for this month only is the always popular, sweet and juicy Honey Bells.

Fruit orders will be available for pick up at Ridgely United Methodist Church, 109 Central Ave., Ridgely on Saturday, January 23rd from 9 AM-Noon.

2/5 bushel box (20 lbs) Navel Oranges, Grapefruit, Tangerines; \$22. Honey Bells are \$27. 4/5 bushel box (40 lbs) Navel Oranges, Grapefruit, Tangerines; \$37. Honey Bells are \$50.

To order fruit contact Lion Dave Davis at 443-786-2547 or email [ddavis@goeaston.net](mailto:ddavis@goeaston.net) or see any Ridgely Lions Club member no later than Saturday January 16th. Please include your phone number with all email orders. Make checks payable to: Ridgely Lions Club. In case of inclement weather the fruit pick-up will be at Ridgely Elementary School from 9am-Noon on Saturday, January 23rd.

For information about the Ridgely Lions Club see <http://e-clubhouse.org/sites/ridgely/> or contact Lion Jerry Sutton at 410-634-2120 or [hannah@dmv.net](mailto:hannah@dmv.net).

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## Toastmasters International Comes To Denton

Tidewater Toastmasters of Easton holds one meeting a month at the Denton Library on 100 Market Street. Currently, Tidewater Toastmasters holds meetings the first and third Friday of the month at noon in the Brookletts Place Senior Center in Easton. There has been increased interest in Toastmasters in Caroline County due to the influx of professionals and businesses into the area.

Toastmasters International operates Toastmasters clubs worldwide for the purpose of helping adult members improve their communication, public speaking, and leadership skills. In addition, Toastmasters International's Gavel Club helps individuals under the age of 18, who are not qualified to join Toastmasters because of the age restric-

tions of membership, to benefit from the Toastmasters education experience. Through its thousands of member clubs, Toastmasters International offers a program of communication and leadership projects designed to help individuals learn, grow or hone the arts of public speaking, listening, and critical thinking. Furthermore, Toastmasters International offers Community Based Programs, including Speechcraft, Interpersonal Communication and a Youth leadership Program. These programs are excellent ways for those who have little to no skills in public speaking and/or leadership, to lay a foundation for the enhancement of individual communication and leadership skills.

Meetings are held the second Tuesday of the month at 5:30 PM at the Denton Library. For more information contact Karen Phebus at [karenphebus@hotmail.com](mailto:karenphebus@hotmail.com) or visit [tidewater.toastmastersclubs.org](http://tidewater.toastmastersclubs.org) for additional information on Tidewater Toastmasters.

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## Quarter Auction Hosted by Marydel Lions Club

A Quarter Auction with a 'Valentine's Day' theme, hosted by the Marydel Lions Club, will be held on Saturday, January 30<sup>th</sup> at the Marydel Volunteer Fire Company. Doors will open at 5 PM with the Auction beginning at 6 PM.

A wide range of valuable, new auction items and gift packages will be augmented by items donated by a variety of local and regional businesses as well as a relatively large number of vendors. Admission donation of \$5 includes the use of a numbered bidding paddle of your choice, a correspondingly numbered raffle ball, and a printed program containing a description of each auction item. Additional bidding paddles are available at a reduced price.

You will also have the opportunity to participate in a '50/50 raffle as well as a '10 Super-Sized' Chinese Auction Event. Other events include a '200 Ticket Only' Raffle for a Master Forge Stainless Steel Table Top 2 Burner Gas Grill and a USA Patriotic Handcrafted Sampler Raffle. Bring a canned food item for a donation to a Local Food Pantry and receive a complimentary raffle ticket on a 'Gourmet Kitchen Collection'.

Food and beverages will be available for purchase from the Chefs of the Marydel Volunteer Fire Company Ladies Auxiliary. The initial list of invited vendors supplying gift packages and gift certificates to bid on include, but are not limited to, Origami Owl, La Mar Bags, Pink Zebra, Mary Kay, Longaberger, Handcrafted Soaps, Jamberry Nails, Tastefully Simple, Sea

Gals Gallery Of Delaware, Tupperware, The Perfect Patch, Celebrating Home, Pampered Chef, Ronnie's Kitchen At Mulberry Manor, Abby & Lexi's Place, Amway Global, Dove Chocolate Discoveries, Jewelry In Candles, My Hobbies, Perfectly Posh, Snazzy Candy Creations, and Lee's Bees Honey.

All proceeds will be used to benefit a wide variety of community aid projects for folks and families of the Maryland and Delaware Mason-Dixon Line Communities of the Marydel area. The Marydel Lions Club's community aid projects include Sight & Hearing Preservation Services, Eyeglass Purchase Assistance, Marydel-Hartly Little League Baseball, College Scholarships, Seasonal Complimentary Food Baskets, Youth Free Fishing Derby, Habitat For Humanity, Caroline County Rebuild, Community/Family Crises Fund, and the Marydel & Goldsboro Volunteer Fire Companies. Questions/Information at tmhiggins59@hotmail.com or 302-492-3354.

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INCLUDES 1 ENTRY, BEER, SODA & FOOD (CASH BAR AVAILABLE)

Menu Includes: Pit Beef, Hot Dogs, Potato Chips,  
Cole Slaw & Baked Beans

Cash Bash Drawings every 5 minutes starting @ 5 PM

- \$100 every 5 minutes • \$500 every ½ hour
- \$2,000 at 10 PM final drawing

You must have a Cash Bash Ticket to enter. Purchase tickets at door.

Children 6-12 are \$10. (No Cash Bash ticket included).  
Children 5 & Under Free (No Cash Bash ticket Included)

VISA AND MASTERCARD ACCEPTED. PRIZES NOT CLAIMED WITHIN 30 DAYS OF  
DRAWING BECOME PROPERTY OF GOLDSBORO FIRE CO. NEED NOT BE PRESENT  
TO WIN. TICKET HOLDER IS RESPONSIBLE FOR ANY AND ALL STATE AND FEDERAL  
TAXES THAT MAY APPLY.

Information or tickets:  
410-253-6114 or see any GVFC Member.

## Texas Hold Em Tournament



Sunday, January 31<sup>st</sup>

\$10 Satellites start at Noon

Tournament begins at 2 p.m.

\$75 Buy-In \$15,000 stack • 1<sup>st</sup> 2 Blinds 30  
minute levels • Remaining levels are 20  
minutes • Reseats allowed for first hour

PRIZE MONEY AWARDED TO THE TOP 6 FINALISTS

Food available for purchase.  
For info call Jody at 410-253-6114.



OUR NEXT SHRIMP NIGHT ...

Friday, Feb. 5<sup>th</sup> • 6-9 p.m.

NO SHRIMP FEAST  
IN JANUARY

Shrimp • Pulled Pork • Cole Slaw • French Fries  
Baked Beans • Dessert • Coffee, Tea, Lemonade



CASH BAR \$10 (per person)  
Bottomless Beer Mug

DJ Entertainment

Adults: \$20 per person / \$35 per couple; children 6-12 \$10; children  
5 & under FREE. For more info. call Jody at 410-253-6114.

Wednesday Night **Bingo**

resumes January 6<sup>th</sup>



LARGE PAYOUTS  
AND JACKPOTS

Doors open at 5:30; Bingo at 7 pm



**Purse  
Bingo**

Sunday, March 20<sup>th</sup>

Doors open at 1 PM,  
Bingo starts at 2 PM

More info  
to follow

HALL  
RENTAL

For more information call 410-253-6114, 410-482-7183, visit facebook or our  
webpage, goldsboro700.com or email goldsboro700@gmail.com.

# Library Corner



by Jeanne Trice

## What's New at the Library

### STEM Storytime at Denton

Join us for a hands-on program exploring a STEM concept, Fun with Magnets!

For ages 3 to 6. Registration required. Please call 410-479-1343 to register.

January 21, 10:30-11:30 AM, Central Library, Denton.



### Friday Nites in Caroline kicks off the 2016 season!

We kick off another great season of music with the progressive bluegrass and acoustic sounds of Mickey Justice and Friends.

January 22, 7 PM, Central Library, Denton FREE!

### Teen Movie at the Federalsburg Branch

The park is open! Are you ready to see the new dinosaur?

Come and see if Jurassic World succeeded in raising its "wow" factor with a new breed of dinosaur.

Teens ages 13-17 are invited. Popcorn and drinks provided. FREE!

January 22, 6 PM, Federalsburg Branch

### Do you need to take the GED test?

Meet with a Chesapeake College representative to register for free GED classes.

Contact Danielle Thomas, 410-829-6043 or [daniellethomas926@skipjack.chesapeake.edu](mailto:daniellethomas926@skipjack.chesapeake.edu) to make an appointment.

Representative will be at the Central Library in Denton every Wednesday, 10 AM-1 PM.

## Family, Teen and Kids Programming

### Imagination Library – free books for kids under age 5

Sign your child up for Dolly Parton's Imagination Library. This program mails one free book per month to Caroline County children until their 5th birthday.

Sign up at any library location or at [imaginationlibrary.com](http://imaginationlibrary.com); call 410-479-1343 for information.

### Winter Storytime begins week of January 11

For children birth to age 5 and their caregivers.

Central Library, Denton: Wednesdays, 10:15 and 11:00 AM.

Federalsburg Branch: Mondays, 10:15 AM.

North County Branch, Greensboro: Tuesdays, 11:00 AM.

### Minecraft at the Central Library

Beginning and experienced players are welcome.

Thursday, January 7, 6-7 PM, Computer Lab, Central Library, Denton

### Teen Creative Writing Group at the Central Library

Write what you are inspired to write!

Join a creative writing group for teens in grades 9-12.

Drop-in; no registration required. Come to any or all of these sessions:

Saturday, January 16, 1-2pm & Wednesday, January 27, 4:30-5:30 PM.

### R.E.A.D. to a trained dog at the Central Library

Perfect for reluctant or struggling readers ages 5-12. To schedule an appointment, please call 410-479-1343, Ext. 1.

Cricket visits on Monday, January 11, 4:30-5:30 PM.

### Kids Book Club at the Federalsburg Branch

Flora and Ulysses by Kate DiCamillo, January 11, 4:30 PM; for ages 9-12.

### MegaLEGOthon at all three locations!

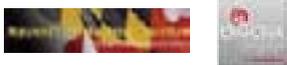
LEGO madness for kids grade K-8! We provide the LEGO; kids add the imagination.

**Greensboro:** January 6; **Denton:** January 21; **Federalsburg:** January 26. All programs begin at 6:00 PM.

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410-479-1343

123 Morris Avenue  
Federalsburg  
410-754-8397

101 Cedar Lane  
Greensboro  
410-482-2173



[www.carolib.org](http://www.carolib.org)

## Ongoing Adult Programming

### Homework, Research, Online Job application? Visit the Computer Lab in Denton!

Do you need a high-quality computer, quiet space and uninterrupted time to work on a learning project?

Are you filling out an online application or searching for a new job?

The Computer Learning Lab is open daily and printouts are available for 25 cents per page.

Please ask library staff to arrange for Computer Lab use.

### Tech Mentor Program

Interested in learning about Internet safety or how to improve your searching skills?

Need help with online shopping, online banking, or emailing pictures to friends?

Get one-on-one expert help from our teen tech mentors!

Please call 410-479-1343, Ext. 1 for information or to schedule an appointment.

January 16, 10-12 AM, Central Library, Denton.

### Express your creative genius! Altered Books program for adults

An altered book is any book that has been recycled by creative means into a work of art.

Chat and network while you create at this fun program. Free! Registration required; call 410-482-2173.

January 20, 6:00 PM, North County Branch, Greensboro.

### One-on-one job search assistance at Federalsburg and Denton

Upper Shore Workforce Investment Board staff members provide one-on-one assistance with job searching, resume preparation and interview practice.

January 19, 1-4 PM, Central Library, Denton.

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## Book Your Child a Ticket to the Imagination Library!

Enroll your child in Dolly Parton's Imagination Library and we'll send them a FREE BOOK every month until their fifth birthday.

The time you spend reading with your child opens their mind to faraway places, exciting adventures and sets them on the pathway to an interest in lifelong learning.

Read to your child—it's a wise investment in their future and the future of our community.

**If your child lives in Caroline County, register for Dolly Parton's Imagination Library at any branch of the Caroline County Public Library or online at [www.imaginationlibrary.com](http://www.imaginationlibrary.com).**

*This program is sponsored locally by the Caroline County Public Library, Human Services Council, Greensboro Judy Center, and United Way of Caroline County.*



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[www.imaginationlibrary.com](http://www.imaginationlibrary.com)



The Gift that Speaks Volumes for our Community's Future!

## Tuesday Night BOOK CLUB

### Meeting Dates/Times:

3rd Tuesday / 6:30 – 8:00 PM

**Location:** Small meeting room 2nd floor of Denton Library, 100 Market Street.

**Purpose:** To discuss selected books reflecting topics of interest and to generate lively discussion.

### January 19



Discussion of *Madame Bovary* by Gustave Flaubert. Kathleen Gunther will be leading the discussion. A light snack will be provided by Mary Lou Schoonover.

### February 16



Discussion of *The Vanishing Point* by Mary Sharratt. Jane Terebey will be leading the discussion. A light snack will be provided by Susan Bunker.

For more information, contact Patrice Morrison at 410-479-2929 or email [fpmorrison07@comcast.net](mailto:fpmorrison07@comcast.net)

January 21, 10 AM-1PM, Federalsburg Branch.

### Join a book discussion group at Federalsburg or Greensboro!

**Hooked on Books-Federalsburg:** January 12, 6:30 PM “Water Woman” by Lenore Hart

**Jeanne’s Bookies-Federalsburg:** January 19, 1 PM “The Rosie Project” by Graeme Simsion.

**What’s in a Book? - Greensboro:** January 27, 6 PM “The Storied Life of A.J. Fikry” by Gabrielle Zevin.

### Closings

January 1, New Year’s Day; January 18, Martin Luther King, Jr. Day. All locations closed.



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**Sunday, March 13<sup>th</sup>**

Doors open @ 12:30 p.m. Games start @ 2 p.m.

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**20 Regular Games (with a fill) • 2 Raffles  
6 Special Games**

Tickets: \$25 in advance; \$30 at the door.

Each ticket includes: game pack,  
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Please call Caroline Hospice at  
410-479-3500 for more information  
or to get the advanced purchase list.

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# Tuscany Information Night

Thursday, January 21 at 6 PM  
Chamber office at 9194 Legion Road, Denton



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For more details and reservations contact:  
Ann Jacobs at Caroline County Chamber of Commerce  
annjacobs@carolinechamber.org • 410-479-4638

Reservations can also be made on our online booking engine  
[www.centralholidayswest.com/booking](http://www.centralholidayswest.com/booking). The group code is: BO01994

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## Building Permits

Albert and Terri Miller, 27115 Temple Road, Maryland, Detached Structure

Donald Teat, 5376 Carrs Creek Lane, Preston, Detached Structure

William and Matthew Moldock, 23664 Gilpin Point Road, Preston, Deck

Rosario Giaimo, 12444 Crouse Mill Road, Ridgely, Detached Structure

David and Terry Tribbett, 14130 Clarks Lane, Ridgely, Agricultural Building

Darren and Theresa Harris, 24534 Choptank Blvd., Denton, Addition

Northern Chesapeake Management, LLC, 26365 Burrsville Road, Denton, Mobile Home

Jeffrey and Joy Day, 25260 Pealiquor Road, Denton, Alteration

Jeremy and Brenda Roop, 5213-A Bethlehem Road, Preston, Pool / Spa

Jeremy and Brenda Roop, 5213-A Bethlehem Road, Preston, Detached Structure

Imran Asghar, 6621 Reliance Road, Federalsburg, Agricultural Building

Robert Pickens, 15136 Drapers Mill Road, Goldsboro, Detached Structure

Elliott and George Frazier, 5969 Jester Road, Federalsburg, Detached Structure

Nancy and Gregory Minahan, 100 Sharp Road, Denton, Detached Structure

Johann and Howard Reardon, 24626 Mill Creek Lane, Denton, Pool / Spa

Emily Gray, 12315 Bowen Drive, Greensboro, Detached Structure

Steven and Lisa Callahan, 25630 Mockingbird Lane, Greensboro, Fireplace

Victoria and Rona Marquess, 14016 Saddle Back Lane, Queen Anne, Detached Structure

Sophia and Brandon Garey, 10536 Log Cabin Road, Denton, Detached Structure



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Statum Road, Preston, Deck

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Carrlyn Drive, Ridgely, Detached  
Structure

Lisa DeSantis, 16801 Steele Road,  
Henderson, Alteration

Vernon and Donna Pitcher, 3648  
Idlewild Court, Federalsburg, Fire-  
place

Thomas and Bonnie Davidson, 24251  
Willow Pond Road, Denton, De-  
tached Structure

Brian and Marjorie Wegener, 21676  
Dover Bridge Road, Preston, De-  
tached Structure

Debra Meredith, 3203 Greenfield  
Court, Preston, Addition

Suzanne Waskey, 24320 Asbury  
Drive, Denton, Alteration

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# Senior Moments

by Mary Moran

Happy New Year! Now that the holidays are a fond memory and the bills for all the merrymaking are arriving in mailboxes, it is the perfect time of year for fraudsters to pose as debt collectors. Here are some tips for dealing with legitimate and fake debt collection phone calls:

Fake debt collectors assume that John and Jane Q. Public are unaware of federal laws protecting citizens from legitimate debt collectors under the Fair Debt Collection Practices Act. These protections include no calls allowed before 8 AM or after 9 PM. They are not allowed to curse at or insult you, or lie about the consequences of not paying your debt. By law they are not allowed to tell you a legal document is in the mail to you when in fact it is not a legal form. They are not permitted to call your workplace if it is against employer policy. Real debt collectors are required by law to stop calling you if you put in writing the demand to stop calling. Keep a copy of that letter and send it return receipt: it's worth the small cost should you end up taking it to the next level legally.

If you think a caller may be a fake, ask for his name, company name, street address and telephone number. If the caller refuses to give this information, Do Not Pay! You have the right to refuse to discuss any debt until you get a written "validation notice" which includes the name and address of the creditor you owe, the amount you owe, and a statement of your rights under the above mentioned law. Legit companies know what that is so it is not necessary to give them a blue print of what it contains, simply demand one!

If the debt is real, but you suspect the caller may not be, con-

tact your creditor about the calls. Never give out or confirm personal financial information to individuals initiating collection calls unless you know exactly who you are dealing with. If a cold caller asks you to confirm bank account or credit card numbers simply hang up, contact your original creditor to find out who is authorized to collect the debt, and share your concerns about suspicious calls. Scam artists can use this information to commit identity theft so it is best to check with the creditors first.

Report fraudulent and harassing callers to the Better Business Bureau and the Federal Trade Commission. The State Attorney General's Office can assist with your rights under Maryland Law when dealing with debt collectors.

Finally, if one does find himself in a legitimate collection scenario, it is best to make realistic arrangements to pay it down. If creditors receive and cash that check every month like clockwork it constitutes agreement on their part to allow that amount to pay down any outstanding debt over time. It's best for your credit score, and eliminates those obnoxious, and possibly fraudulent, dunning phone calls for 2016!

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## Caroline County AARP Seeks to Enroll New Members

As 2016 begins, Caroline county AARP 915 is renewing current memberships and seeking to enroll new members. If you are 50 years of age or older and interested in joining others in the community who meet once a month for lunch and a program of interest to your peers, # 915 would invite you to come out to the Denton Church of the Nazarene on the 2nd Mon. of the month at noon. The organization would welcome you and your ideas for serving the community. The AARP motto is "To serve and not be served" and we are always open to new ideas and suggestions. For information contact membership chairman Libby Fluharty at 410-754-9794.

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## Joanne Wooters Receives Caroline County Distinguished Service Award

Caroline County Resident, Joanne Wooters, has been selected as the second recipient of the Caroline County Distinguished Service Award. The Distinguished Service Award is the highest honor the County bestows on individuals and was established to honor residents who have dedicated a lifetime to public, volunteer, and community service in the county.

The Caroline County Commissioners created this award in order to shine the spotlight on those who go above and beyond in serving Caroline County. It is important to the Commissioners that those whose personal contributions make our community a great place to live and work are recognized for their contributions.

Ms. Wooters dedication to Caroline County spans over many decades of efforts to support numerous County organizations and community events that highlight the agriculture, farmland, and family activities in the county. Ms. Wooters served as President and Secretary for the Eastern Shore Jousting Association, an organization made of jousters from Caroline, Kent, Queen Anne and Talbot County. In 1989 she was inducted into the National Jousting Hall of Fame for her dedication and years of volunteer service. She was also awarded Maryland's Most Active Non-Rider in 1995 for her efforts towards fundraising and hours spent dedicated to the organization.

Ms. Wooters has also served for nearly 20 years on the Caroline County Fair Board, nine of which she served as President. The Caroline County 4-H Park has always been a top priority to Ms. Wooters and she still serves as a fund raising volunteer by hosting annual Spring Basket Bingo and the annual Crab Cake Dinner. Ms. Wooters was the founder and still chairs the Annual Christmas in Caroline, held at the 4-H Park to raise funds for capital improvements at the Park. This event began in 2001 and has raised over \$70,000 in past years. Not only is this a creative way to boost 4-H funds, but it has also become a fun and family-oriented tradition to attend in Caroline County.

Ms. Wooters also believes in giving back to the youth of Caroline County and helping individuals reach their goals. In 2005 she received the W. Sherwood Service Award from the Maryland 4-H Volunteer Association for her service and generosity to the Caroline County 4-H Program. In recognition of her extraordinary service, Ms. Wooters was honored by Caroline 4-H in the establishment of the Joanne C. Wooters Scholarship in 2007, which presents a \$1,000 scholarship each year to a high school senior planning to further their education. Ms. Wooters efforts to help the community does not go unnoticed, and she was inducted into the Maryland 4-H All Stars in 2006, and has been the recipient of Caroline County's Most Beautiful Person award in 1996, 2002, and 2004.

"Joanne Wooters exemplifies selfless service to Caroline County," said Commissioner Wilbur Levengood. "Many years ago the Caroline County Fair was declining. Through Ms. Wooters' innovation and creativity the fair and 4- H Park have grown

and the many events hosted there have become traditions for Caroline County families and tourists."

Although Ms. Wooters has retired, she still has a vivid presence in Caroline County and dedicates her time to any fundraising opportunity given to her. Ms. Wooters has shown her love for Caroline County and the many benefits of learning about its agriculture and land. The Commissioners thank Ms. Wooters for her lifetime of service and the exceptional example she sets for all Caroline County residents.



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## Women's Club Making Donations to Qualifying Caroline Non-Profits

The Women's Club of Caroline County each year has certain funds set aside for charitable giving, and the organization is looking forward to making donations to qualifying non-profits in Caroline County in the spring of 2016.

Grants are awarded to projects in the areas of education, historical preservation, cultural enrichment, youth and family life, health and safety and community welfare.

To apply for a grant, submit a letter explaining the mission of your organization, a brief description of the project in mind and specifically how the money will be used.

Please send letters to: The Women's Club of Caroline County, P.O. Box 6, Denton, MD 21629, attn: Charitable Giving Committee. Letters must be mailed by March 16 and awards will be made later in the spring.

### Blue Pearl Picture Framing

Teressa Simmons-Jones

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bluepearl610@yahoo.com

## Client Appreciation Party!



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**Client Appreciation Party!**  
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*Give the gift of Love, Health and Relaxation*

# Goals of the Caroline County Humane Society

By John P. Evans III

Though it is not easily attained, the goal of the Caroline County Humane Society is simple - give every animal which comes through its doors a second chance for a happy, permanent “forever” home.

While it is true that the CCHS does perform the animal control function in the county, it has many other functions and provides numerous other services that benefit both animals and residents of the county.

Its most noticeable function, however, is being in charge of the county’s animal shelter located in Ridgely.

In fact, the shelter coordinates a very active and successful adoption program for the dogs and cats (and other domestic animals) that come under its care. As part of this role, it offers low cost spay and neuter clinics and rabies clinics, as well as programs for pets belonging to county residents. It also provides education, assistance and outreach programs to the community as it pertains to animal care, safety and ownership.

Paramount to its existence is the responsibility to find, through adoption, the best “forever” homes for animals that are in need of a second chance for a happy life.

“We go to great lengths to ensure that happens. It is unimaginable what some animals have gone through before they get to us,” said CCHS executive director Amanda Showell. “Some of the animals have been picked up as frightened strays wearing no collars, tags or other ID;

some were rescued from a chained existence with no water, food or shelter to protect them from the elements. Some have been rescued from an abusive or neglectful situation.”

“Additionally, we are also the recipients of the dogs, cats, guinea pigs, and hamsters whose owners just don’t want them anymore,” she added.

To ensure animals are found a good home, the CCHS has an adoption policy designed to ensure they are placed with a responsible new owner, one prepared for a lifelong commitment, so as to avoid the kinds of problems that may have caused the animals to be brought to the shelter in the first place.

“An important part of this policy is to match the lifestyle and needs of the adopter with the individual cat or dog,” said Showell.

Pet animals are first and foremost companion animals and not barnyard mousers, though some of the cats coming to CCHS are best suited to be placed in a “Barn Cat” program which allows cats not suitable for living inside, an opportunity to live in a setting better suited for them.

“We are an Open Door, Open Heart animal shelter, which means we accept any lost, abandoned or surrendered animal brought to the shelter from anywhere in Caroline County,” said Showell. “No matter the circumstance or health of the animal, we accept them. No animal is turned away.”

Showell said the shelter “handles” 1,800 animals a year.

The Caroline facility is a “no kill” shelter, meaning an animal is never euthanized due to cost or space. According to Showell, the only time an animal is (put down) is when it is too aggressive to be put up for adoption or so sick that it can’t be saved.

“Running an Open Door, Open Heart animal shelter literally ‘takes a village.’ Our kennel staff works 365 days a year to ensure the 1,800 animals



that come through our doors are provided for every day,” said Showell. “Our Animal Control officers are available 24 hours a day to make sure the animals of our county are safe.”

Showell said the shelter operates on a shoestring budget and depends strongly on the work of its volunteers and its 4,000 “Facebook Friends” who stay connected through social media. She said that by the time a pet gets adopted that animal has sometimes been helped by dozens of people.

The cost of adopting an animal is very affordable. All animals up for adoption have been spayed or neutered, are up to date on their vaccines, and have been weaned. Often times, adoption fees on cats are waived altogether or discounts are given when more than one kitten or cat is adopted.

“There are so many ways that you can help out the animals and staff at our shelter,” Showell said of anyone wishing to be a volunteer or support the shelter in other ways.

Among the ways a person can volunteer are:





# Don't PAY to SPAY

The Caroline County Humane Society is offering

**FREE**

spaying and neutering of pet cats (not feral) and all types of dogs for low income Caroline County residents and Dorchester County residents that live in zip codes of 21643 and 21632 (Federalsburg and Hurlock).

For more information on how to participate in this program please call the Caroline County Humane Society at 410-820-1600 or go to [carolinehumane.org](http://carolinehumane.org) to download an application.

***Help us control our pet population.***

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Serve on the fundraising committee and help to plan the many events held throughout the year.

- Go to schools or youth groups to give educational talks and demonstrations.
- Make phone calls. Simple, yet time consuming for the CCHS staff.
- Spend time handling and socializing the kittens and cats, and/or walking, having play time or training the dogs and puppies.
- Transport an animal to a vet appointment, or to meet a rescue group that has accepted an animal.
- Volunteer to help at community events by holding a dog at an Adoption event or helping to staff a booth at a local function, such as the County Fair, or Summerfest.
- Groom a dog or cat.
- Help do laundry at the shelter.
- Hang flyers around the county promoting the Spay Neuter Program or other upcoming events.
- Electricians, plumbers, computer whizzes, landscapers, repairman/woman, or anyone with a specialty can donate their services.
- Donate items on the shelter's "Wish List." There are 31 items on the shelter's "Wish List" which can be viewed by accessing its website at [www.carolinehumane.org](http://www.carolinehumane.org).

For more information or to get a volunteer application, call 410-820-1600 or drop by the shelter at 407 W. Bell Street in Ridgely.



# Caroline County Bird Club



*Come join the Caroline County Bird Club*

The Oldest Eastern Shore Chapter of  
The Maryland Ornithological Society!

Below you will find the upcoming schedule of programs and birding outings. You don't have to be a member of the club or a great birder to attend! Just come join the fun!

**Thursday, January 21 - Movie. Saving Songbirds.**

Join outdoor adventurer Willem Lange as he meets those colorful and melodic migratory birds like the black-throated blue warbler, and the researchers who employ creative means to assess the health of bird populations. 7:30 PM, Caroline County Public Library, 100 Market St., Denton.

**Thursday, February 18 - Program. "Wild Bees and the Environment" presented by Sam Droege, Patuxent Wildlife Research Center.**

His current research activities include work on developing native bee survey techniques and monitoring programs. 7:30 PM, Caroline County Public Library, 100 Market St., Denton.

All activities are free and open to the public.

Check out more Caroline County Bird Club information at: <http://carolinebirdclubmos.blogspot.com>

And don't forget to visit our Facebook page and Like us! Just go to Caroline County Bird Club!

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## Recreation and Parks Events and Classes

A complete list of classes and online registration is available at [carolinerecreation.org](http://carolinerecreation.org) or by calling 410-479-8120

### Daddy Daughter Dance

Escort your princess to a special evening full of smiles, dancing, and fun at the 10th Annual Daddy-Daughter Sweetheart Dance Sunday, February 14. Dads and daughters ages 3-12 will enjoy dancing, refreshments, souvenir photos and great music! New this year is an Italian style dinner option at St. Luke's Church. Deadline to register is February 5. Also, you can avoid the picture line by getting your pictures taken early from 3-5 PM at the Fretterd Community Center. Dance only is \$30 per couple and \$5 for each additional daughter. Dinner and dance is \$55 per couple and \$15 for each additional daughter. Dinner seating is at 3:30 and dance is 5-7 PM.

### The Dance Experience

Channel that boundless energy of youth! Increase their flexibility, focus, and self-expression. Age appropriate music, a strong focus on technique and lots of exercises to keep dancers active and moving. Classes are held at the Fret-

terd Community Center or North Carolina High School. This session culminates in a recital held at North Carolina High School on Saturday, June 11.

Classes start the 2nd week of January and run through the 2nd week of June.

Cost is \$125 for ages 4-6 and 7-12. Teen classes are \$159. You can pay in two installments of \$67.50; first payment due prior to the beginning of class and second payment by February 15. Or, you can do three payments of \$48.50 each; first payment due prior to the start of class, second payment due February 15, and third payment due March 15.

### Beginning Ballet

This beginner course provides fundamentals of ballet and movement and will focus on technique. Students have the opportunity to engage in a formal class experience with age appropriate music.

Ages 4-6; Saturdays, January 9 - June 4; 9:30-10:25 AM; Fretterd Community Center.

Ages 4-6; Mondays, January 11 - June 6, 5:30 - 6:25 PM; Fretterd Community Center.

Ages 7-12; Saturdays, January 9 - June 4; 10:30 - 11:25 AM; Fretterd Community Center.

### Intermediate-Beginner Ballet

This class is for students with prior formal class experience and continues

to build the fundamentals of ballet for the very young dancer. Continue your dancer's education and challenge them to take it to the next level. Instructor approval required.

Ages 4 - 6; Tuesdays, January 12-June 7; 5:30-6:25 PM; Fretterd Community Center; cost is \$125.

Ages 7-12; Tuesdays, January 12-June 7; 6:30-7:25 PM; North Carolina High School dance studio; cost is \$125.

### Advanced Ballet

This class continues the ballet journey and needs instructor approval.

Ages 7-12; Tuesdays, January 12-June 7; 7:30-8:25 PM; North Carolina High School dance studio; cost is \$125.

### Beginning Tap

This is a beginner course in the fundamentals of tap and movement. We will focus on classic technique in a formal class experience. Instruction is tailored to individuals as well as the group so beginners and those with 1-2 years of experience will benefit.

Ages 4-6; Wednesdays, January 13-June 8; 5:30 - 6:25 PM; Fretterd Community Center; cost is \$125.

Ages 7-12; Wednesdays, January 13-June 8; 6:30 - 7:25 PM; Fretterd Community Center; cost is \$125.

### Jazz

This class offers a fun challenge for dancers. Both beginners and those with 1-2 years of experience will benefit.

Ages 7-12; Mondays, January 11-June 6; 6:30-7:25 PM; North Carolina High School dance studio; cost is \$125.

### Teen Ballet

Learn the fundamentals of ballet, the foundation of all dance, and gain physical strength and increased flexibility.

Ages 13-18; Thursdays, January 14-June 9; 5:30-6:25 PM; North Carolina High School dance studio; cost is \$125.

### Teen Jazz-Tap Combo

For teens who have always wanted to dance but didn't start or continue at a young age. This class is a great compliment to musical theatre, a way to get some valuable exercise, and a great way to "try" dance for the first time.

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Ages 13-18; Thursdays, January 14-June 9; 6:30-7:25 PM; North Caroline High School dance studio; cost is \$125.

### Adult Ballet, Tap, and Jazz

You are never too old to dance! Energize your stamina, range of motion, and balance - and enjoy the workout! No prior dance experience necessary. Open to ages 14 & up. Classes are held at the North Caroline High School dance studio. Cost is \$159.

### Adult Tap

This Broadway style tap class is a great way to gain strength and flexibility. Classes are Thursdays, January 14 - June 9 from 7:30 - 8:25 PM.

### Adult Jazz

In jazz class you will exercise in a fun atmosphere! Do the work in a way that doesn't feel like work. Classes are Mondays, January 11 - June 6 from 8:30 - 9:25 PM.

### Adult Ballet

This class will help you gain flexibility, muscle tone, and strength. Beginners as well as those with a few years of experience will have a great time! Classes are Mondays, January 11 - June 6 from 7:30 - 8:25 PM.

### Gymnastics

**Tumble Bunnies** introduces kids ages 2 - 4 to the world of movement. This class includes basic tumbling and exercise activities that are designed to develop eye and hand coordination. Joan Dyott has more than 25 years of experience in dance and gymnastics and her program provides children the opportunity to develop strength, agility, discipline, and have fun! Classes begin Friday, January 15 at Chesapeake Gymnastics (Easton) 10-10:45 AM or 4:30-5:15 PM. Cost is \$59 for 10 sessions.

**Super Tots** is for the child that has the ability to advance at a more rapid pace or that has completed the Tumble Bunnies class and is looking for a more challenging class environment. For ages 4-6, classes are held at Chesapeake Gymnastics on Fridays beginning January 15 from 10:45-11:30 AM or 5:15-6:00 PM. Cost is \$60 for 10 classes.

**Recreational Gymnastics** is for the not too serious gymnast that wants to have fun with the sport and still have the opportunity to work their way to the

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top. Qualified instructors will help that special gymnast move to a team if they want to. Open to boys and girls ages 5 and up. Classes are held on Fridays at Chesapeake Gymnastics (Easton) beginning January 15 from 6 - 7 PM. Cost is \$69 for 10 sessions.

**Trampoline Class** teaches campers ages 8 & up basic intermediate jumps, stopping skills, and countless other important foundation skills and features an Olympic size trampoline, double-mini trampoline, and a 30' tumble track. There will be a 20 minute orientation prior to the start of the first day. Camp will be held at Chesapeake Gymnastics in Easton on Wednesdays January 13-March 16 from 5:30 - 6:30 PM. Cost is \$69.

### Karate

Accelerate skill development with focused instruction and interaction with Beginning and Advanced Karate. Instruction includes warm-up, basic karate techniques, kata/forms, sparring, and self-defense under the direction of Sensei Mike Steenken. Belt testing and advancement requires attendance minimum. Classes are held at the Fretterd

Community Center on Mondays and Thursdays, January 11 - March 24 from 7:30 - 9 PM and cost is \$99. Open to ages 9 and up.

In **Shotokan Tiger Clubs** students ages 5-8 will learn this ancient martial art and improve self-confidence, self-respect, build character, body dynamics and physical fitness, make new friends, and have fun. Instruction includes warm-up, basic karate techniques, kata/forms, and sparring under the watchful eye of Sensei Mike Steenken and his instructors. This class requires an attendance minimum for belt-testing and advancement. Students should wear loose fitting clothing; gee uniform optional. Classes are Mondays and Thursdays January 11-March 24 from 6:30-7:15 PM at the Fretterd Community Center. Cost is \$55.

### Adult Basketball-Open Gym

Come out for Adult Basketball-Open Gym style! Adults pay \$3 each evening and the rest is up to you. The General

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James F. Fretterd Community Center gym is open to adults 18 and up Wednesday evenings from 6–8 PM and runs January 13 through April 27 and the North Carolina High School gym is open to adults ages 40 and up from 5:30 – 7:30 PM and runs January 10 – April 24.

## Open Gym Volleyball

Miss your high school and college days of playing sports or just miss playing backyard volleyball? Open Gym Volleyball is a great way to get some exercise and have some fun. Come out on Friday nights at the Fretterd Community Center starting January 15 from 6–8 PM and running through May 27. There is a \$4 drop-in fee. Open to ages 18 & up.

Have you been intrigued by Belly Dancing? American Tribal Style belly dance is a modern style of belly dance that uses set movements with distinct cues and transitions to create dance improvisation in a group. Students will learn the basic belly dance movements and format for how to dance together. Classes are open to ages 16 and up. Session 1 is Mondays, January 11–March 21 from 7:30 – 8:30 PM. Cost is \$99.

## Belly Dancing

If you have taken a beginner level American Tribal Style (ATS) belly dance class before then come try Advanced Beginner Belly Dance. ATS is a modern style of belly dance that uses set belly dance movements, with distinct cues and transitions, to create dance improvisation

in a group (tribe). Students who have learned the basic belly dance movements may participate in this class. Pre-requisite: Beginning Belly Dance. Class is open to ages 16 & up and runs January 12–June 14 from 7 – 8 PM at the Fretterd Community Center. Cost is \$225 for 22 classes. Payment plans available.

## Pickleball

Pickleball has been dubbed the “sweet sport with the sour name.” Pickleball is oversized ping pong on a badminton size court with a tennis sized paddle. It’s a paddle sport for all ages and athletic abilities and it’s very easy to learn and play. Instruction and open court recreational and competitive play. Open to ages 18 years & up. Classes are on Thursdays from 11 AM – 1 PM, January 21–March 17 at the Fretterd Community Center. Cost is \$35. Free to Y members.

## Yoga

Flow Yoga is an energetic class that uses yoga postures connected in Vinyasa flow sequences. This class is designed to provide mind and body fitness while allowing students to learn the flows and then enjoy them at their own pace according to their tempo and breaths. Open to ages 16 and up, classes are on Tuesdays, January 12–March 22 from 6 – 7 PM. Cost is \$75.

## Tennis

**Mom and Me Tennis** is action-packed play designed to teach young players ages 3-4 and their parents (dads welcome) the basic skills of this lifetime

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sport. All equipment provided. Classes are Saturday, January 16–February 13 from 9-9:45 AM. Cost is \$29.

**Beginning Tennis** starts on smaller indoor courts with smaller racquets and bigger balls. The perfect size for success and a whole lot of fun! All equipment provided. Classes are on Sundays, January 24–March 14 from 1-1:30 PM. Open to 4-5 year olds. Cost is \$35.

**Under 10 Tennis** is for kids ages 6-10 and includes instruction, rally, and play to get young players moving and having fun. Lessons based on USTA guidelines. All equipment provided. Classes are on Sundays, January 24– March 14 from 2 – 3 PM. Cost is \$39.

Please call Recreation & Parks at 410-479-8120 for more information.

## Girl Scouts Cookie Prices Remain the Same in the Delmarva Peninsula

Girl Scouts of the Chesapeake Bay (GSCB) will not be increasing the price of Girl Scout Cookies this year. While some councils have decided to increase cookie prices to \$5 per box, cookies on the Delmarva Peninsula will remain at \$4 per box for the upcoming cookie season. The price of a box of Girl Scout Cookies is determined individually by each of our 112 local councils. Not all varieties of cookies are available in every market due to Girl Scout Cookies being produced by two commercial bakers, ABC Bakers and Little Brownie Bakers.

Local Girl Scouts will start taking orders in January 2016. We will have eight cookie varieties - Thin Mints, Samoas, Tag-alongs, Trefoils, Do-si-dos, Savannah Smiles, Rah-Rah Raisins, and gluten-free Toffee-tastic. Girl Scout Cookies will be \$4 per box with the exception of Toffee-tastics at \$5 per box.

Girl Scouts of the Chesapeake Bay selects which baker we want to partner with from the two GSUSA-licensed bakers, and negotiates all terms with that baker. Girl Scouts of the USA (GSUSA) and individual troops play no role in determining the price of a box of cookies within a local market.

When you buy cookies from a Girl Scout, you are investing in so much more than a box of treats—you are investing in a girl's future, and the future leadership of our country. Through the Girl Scout Cookie Program, girls learn five essential life skills: goal setting, decision making, money management, people skills, and business ethics. Last year, GSUSA launched Digital Cookie, which added a digital layer to the Girl Scout Cookie Program by providing girls the opportunity to develop twenty-first-century skills. 100% of the net proceeds from Girl Scout Cookie sales are reinvested back into the local councils for activities, and fund Girl Scouts' take-action projects, which positively impact their communities. GSUSA does not profit from the proceeds of the cookie sale.

### We're Girl Scouts of the Chesapeake Bay

One hundred years ago, the first Girl Scout troop was founded

on the Delmarva Peninsula. With nearly 10,000 girls supported by 4,300 amazing adult volunteers, Girl Scouts of the Chesapeake Bay helps girls discover their strengths, passions, and talents. Today, we continue the Girl Scout mission of building girls of courage, confidence and character who make the world a better place. And with programs for girls in 14 counties in Delaware and the Eastern Shores of Maryland and Virginia, Girl Scouts offers today's girls a chance to do something amazing. To volunteer, reconnect, donate, or join, visit [www.GSCB.org](http://www.GSCB.org) or call 410-742-5107 or 1-800-374-9811.

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## Epiphany, Shrove Tuesday, and Ash Wednesday at Christ Episcopal Church, Denton

All are invited and welcome to join your neighbors and friends at Christ Church, 105 Gay Street, Denton, for these opportunities to experience a receiving, loving, faith community, right here, in and for Caroline County:

**Pastor's Class, "Where Is God?"** Adult Bible Study, Sunday mornings, 9:00, in Keen Parish Hall.

**Sunday morning worship services**, with organ, choir, Holy Communion, and loving, weekly messages, 10:00, in the church.

**Fellowship coffee hours**, weekly, after the 10:00 worship services, in Keen Hall.

**"Music Makers,"** free-of-charge lessons for elementary school children, with Miss Sharon, local, professional mu-

sician, Sunday afternoons, 1:30-3:30, in Keen Hall's main classroom.

**Monthly services of healing and anointing**, last Sundays, after the 10:00 worship service, in the church.

**Annual Shrove Tuesday Pancake Supper**, 2/9, 4:30-7:00, in Keen Hall. Free will offering.

**Ash Wednesday Service w/ Holy Eucharist**, 2/10, 7 p.m., in the church.

Christ Church Denton may be found on Facebook, phoned at 410-479-0419, and visited at [dioceseofeaston.org](http://dioceseofeaston.org).

# Community Calendar

## MONDAYS

**Monday Night Trivia** at 7:30 PM at the Market Street Public House, 200 Market Street, Denton. Join host Norm Amorse every Monday at the Market Street Public House for a fun-filled evening of trivia! For more info, contact the pub at 410.479.4720.

**Co-Dependents Anonymous (CoDA) General 12 Step Program Meeting** at 8 PM (except Holidays). Co-Dependents Anonymous (CoDA) is a fellowship of men and women whose common purpose is to develop healthy and loving relationships. The only requirement for membership is a desire for healthy and loving relationships” Meetings held at St. Mark’s U.M. Church, 100 Peach Blossom Road, Easton. Take basement steps behind flag pole to first room on right. Contact: Mary Lou 410-758-2378 or Kirk 410-353-5677.

## WEDNESDAYS

**Indoor Farmers’ Market** at the Cordova Firehall from 4 til 7 PM. There are now more vendors so come on by and get those home grown or homemade goods from local people. For more information, call Ginny at 410-310-2923.

Eastern Orthodox Mission Church welcomes all who may be interested in **Orthodox Christian Worship**, the second Wednesday of every month in the Chapel at St. Mark’s United Methodist Church, 100 Peach Blossom Road, Easton, at 6 PM. For further information contact Father Boniface Black at 215-527-4212, coordinator Dr. George Cody at 443-385-0702, email: easternshoreorthodoxy@gmail.com or find us on Facebook.

## THURSDAYS

**Take Off Pounds Sensibly (TOPS)** support group meets at the Talbot County Senior Center at Brookletts Place, 400 Brookletts Avenue, Easton at 6 PM every Thursday. Contact 410-200-4101 or 410-673-2971.

**Steamed Shrimp Nite.** Half pound of shrimp with two sides for \$9. American Legion Post 70, 29511 Canvasback Dr. (behind Easton Walmart) Contact: 410.822.9138.

## THURSDAY, FRIDAY, SATURDAY

**Visit the Greensboro Historical Society Museum**, 111 S. Main Street. The museum is open Thursday and Friday evenings from 4 to 8 PM and Saturday afternoons from Noon to 4 PM. Our mission is the preservation of our local history and heritage, education and outreach to the greater Greensboro community. Stop by to see local artifacts and to learn about Greensboro of olden times. We also look forward to hearing your memories of old Greensboro and your thoughts on how best to preserve the history and heritage of our community.

## FRIDAYS AND SATURDAYS

**The Federalsburg Historical Society** located at 100 Covey - Williams Alley behind the Town Office in Federalsburg will be closed during the months of January and February. We will re-open on March 4th. If you would like to “visit” the Museum during our winter rest, you may contact Joe Glime at 410-714-3979 or 410-754-8625. See you in March 2016 !

**Open Mill Days at the Historic Linchester Mill**, 3390 Linchester Road, Preston from 10 AM - 4 PM. The Mill is open on the 2nd and 4th Fridays and Saturdays of the month with a docent. Tour the mill, walk along the nature trail or explore the recently restored Hog Island School. Contact: 410.479.0655 or CarolineHistory.org.

## SATURDAYS

**Breakfast with Community Civic League** on the 1st Saturday of each month, located at 3439 Laurel Grove Road, Federalsburg. Includes scrapple, sausage, fried potatoes, eggs, apple-sauce, bread, coffee and orange juice for \$6. Breakfast hours are 7 to 10:30 AM. For information call 410-754-6011.

**Men for Change Ministry Outreach** meets the 2nd Saturday of every month between 3:30 - 4:30 PM at the Church of God of Prophecy, located at 100 Austin Ave. in Federalsburg. For information call David Ricks at 443-786-5182 or Sherwood Sharp at 410-422-2599.

## SECOND SATURDAYS

**Contemporary Service** every Second Saturday at 5 PM at Immanuel Lutheran Church Main Street Preston (across from the Post Office). Come join us at this new Contemporary Worship service, it might be just what you are looking for. For more info Follow us on Facebook or call 410-673-7107.

## THURSDAY, DECEMBER 31

**New Year’s Eve at Denton American Legion Post #29** with dinner and D.J. Trump. Call the Post at 410-479-2708 for menu and cost.

## SATURDAY, JANUARY 2

**Rebuilding Together Salvage Depot Sale**, Corner of River Landing and Bridge Street, West Denton from 9 AM – 12 noon. Sale of appliances, cabinets, ceiling fans, lights, vanities, chandeliers, mantles, sinks, reusable building materials, windows, doors, plus electrical fixtures at very reasonable prices. **New Year’s Special: Dishwashers ½ off!** Contact: Patrice Morrison at Rhea.Build07@gmail.com or 410-479-2929.

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**First Saturday Guided Walk at Adkins Arboretum** from 10 - 11 AM, 12610 Eveland Road, Ridgely. Explore the bottomland forest, traverse the native meadows, and follow the narrow Tuckahoe Creekside path on a guided walk led by an Arboretum docent naturalist. Free for members and free with admission for the general public. Contact: 410.634.2847 ext. 0 or AdkinsArboretum.org.

**SUNDAY, JANUARY 3**

**FACES First Sunday Meet & Sew** from 10 AM - 3 PM at the Fiber Arts Center of the Eastern Shore, 7 N. 4th Street, Denton. Do you have a sewing or quilting project that's just not getting done at home? Want to reduce the items in your mending basket, finish that quilt, sew the final bit of that dress? Meet like-minded individuals, help each other, and have fun finishing your projects! \$5 / members, \$10/non-members; for 16 and up. Contact: FiberArtsCenter.com or 410.479.1009.

**MONDAY, JANUARY 4**

**Grocery Bingo** at the Cordova Firehall. Doors open at 6 PM and games begin at 7 PM. Refreshments will be available. For more information, call Belinda at 410-822-1283.

**TUESDAY, JANUARY 5**

**Beginning Hand Quilting at FACES** from 10 AM - 2 PM. Start the new year by learning a sewing skill of yesteryear. There's much to be learned including the use of proper tools, basting and quilting stitches, types of batting, thimbles, marking tools, thread, hoops and frames as you stitch a lovely 18" wholecloth quilt. The instructor for this class is Kay Butler. \$25/members, \$30/non-members. Contact: FiberArtsCenter.com or 410.479.1009.

**FRIDAY, JANUARY 8**

**Caroline County Garden Club** program at Caroline County Library, Denton at 11 AM. Mr. George Meyer, President of the Wye River Beekeepers, will present information on honeybees and beekeeping. For more information, call: 773-786-3227.

**VFW Dinner** from 5 to 8 PM at the Easton VFW. Liver & Onions special as well as limited other menu items. Call 410-822-8619 for more information.

**FRIDAY AND SATURDAY, JANUARY 8 & 9**

**Two-Day Bag Sale at The Bazaar at 121 Federal Street** from 10 AM to 4 PM. During this two-day shopping event, customers will be able to fill a bag with shop merchandise for either \$6 or \$10. Bags will be provided by the Bazaar and can be filled with previously discounted clothing (punched tickets). Certain merchandise exclusions do apply; please see a shop volunteer for details. Operated by the Auxiliary of Memorial Hospital at Easton, which raises funds for University of Maryland Shore Medical Center at Easton, The Bazaar is open Monday through Saturday from 10 AM to 4 PM. For more information about The Bazaar at 121 Federal Street or volunteer opportunities call 410-822-2031. All sales conducted by the Auxiliary of Memorial Hospital at Easton are for the benefit of the hospital's equipment, programs, services and patient care.



**42<sup>nd</sup> Annual East Coast Commercial Fishermen's and Aquaculture Trade Exposition**

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 For information or exhibiting or attending, call 410-216-6610 or email info@marylandwatermen.com.

**SATURDAY, JANUARY 9**

**Genealogy meeting** at 1:00 PM at Upper Shore Genealogical Society, 12156 Greensboro Road, Greensboro. Light refreshments. Contact: 410-438-2878.

**2nd Saturdays at the Artsway** from 2-4 PM at The Denton Artsway, Fourth Street, Denton. Second Saturdays at the Artsway features live artist demonstrations & art activities. Activities are free and open to all ages. Contact: carolinearts.org or 410.479.1009 FREE!

**TUESDAY, JANUARY 12**

**Beginning/Intermediate Applique: Rebecca's Fancy Quilt** from 10 AM - 4 PM on Tuesday, January 12 and Wednesday, January 20th, 10 AM - 1 PM. Learn to needle turn hand applique the easy and perfect way using the back basting method.



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Sun: 8 am - 12 pm

Get smooth, round edges, stems and leaves with points. Learn all the steps from tracing your pattern to sewing the block by hand. No sewing machine necessary. The instructor for this class is Kay Butler. \$35/members, \$40/non-members. The same class is also offered Tuesday, January 26th from 10 AM - 4 PM & Wednesday, February 3rd from 10 AM - 1 PM. Contact: FiberArtsCenter.com or 410.479.1009.

### WEDNESDAY, JANUARY 13

**The Activities Singles Klub (ASK)** will be meeting at noon at the Easton Diner, Route 50 in Easton. Single, divorced, separated and widowed individuals are invited to the meeting. A short business meeting and socialization during lunch will be followed by distribution of a newsletter and list.

### FRIDAY, JANUARY 15

**Friday Night Dinner & Karaoke.** Hamburger and fries from 5-7 PM. Cost is \$8.00. Karaoke from 7-11 PM. Contact and information: 410-479-2708.

### SATURDAY, JANUARY 16

**Rebuilding Together Salvage Depot Sale,** Corner of River Landing and Bridge Street, West Denton from 9 AM - 12 noon. Sale of appliances, cabinets, ceiling fans, lights, vanities, chandeliers, mantles, sinks, reusable building materials, windows, doors, plus electrical fixtures at very reasonable prices.

**New Year's Special: Dishwashers ½ off!** Contact: Patrice Morrison at Rhea.Build07@gmail.com or 410-479-2929.

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### SUNDAY, JANUARY 17

**All You Can Eat Breakfast** at Denton American Legion Post #29 from 8-11 AM. \$8.00 per person. Contact: 410-479-2708.

### MONDAY, JANUARY 18

**Caroline County 5th Annual Martin Luther King Jr. March and Day of Service** starts at 9 AM. Open to everyone in the community. For more information contact Wanda Molock, co-chair at 410 829-7338 or Wanderful12001@yahoo.com.

**Preston Historical Society Membership Meeting,** 7 PM, at the Preston Historical Society, 167 Main Street, Preston. All members and interested persons invited. Plans for the new year to be discussed. For more info visit us online at [www.prestonhistoricalsociety.com](http://www.prestonhistoricalsociety.com), on Facebook at "Preston Historical Society", or call 410-200-6547.

### THURSDAY, JANUARY 21

**Third Thursdays in Downtown Denton** from 5 - 7 PM, Downtown Denton. Where can you shop for one-of-a-kind gifts and home decor, dine on the porch with views of the Choptank River or enjoy a delectable fusion of Irish-American fare in a traditional public house? Downtown Denton during Third Thursdays! Come rediscover downtown Denton as restaurants and businesses extend their hours and offer specials on the 3rd Thursday of every month. Contact: 410.479.0655 or [tourcaroline.com](http://tourcaroline.com).

### FRIDAY, JANUARY 22

**VFW Dinner** from 5 to 8 PM at the Easton VFW. NY Strip steak special as well as other limited menu items. Call 410-822-8619 for more information.

**Friday Nites in Caroline: Mickey Justice & Friends** at 7 PM. Caroline County Central Library, Market Street, Denton. Come out and enjoy a FREE evening of music by Mickey Justice & Friends featuring progressive bluegrass and acoustic adventures. Contact: 410.479.1009 or [www.carolinearts.org](http://www.carolinearts.org)

### FRIDAY, FEBRUARY 12

**VFW Dinner** from 5 to 8 PM at the Easton VFW. Meatloaf & sides is the special as well as other limited menu items. Call 410-822-8619 for more information.

## Purple Cat Invites Public to Nominate Their Favorite Nonprofit in Facebook Social Media Campaign

Business anniversaries can be a great time to reflect on the origins and roots of a business. When it came time for Chester resident Carol D'Agostino to plan a campaign to mark the 10th anniversary of her public relations and marketing agency, Purple Cat, she knew there needed to be a charitable component of the commemoration. The anniversary campaign called 10 for 10 honors the role of nonprofit organizations to her business' roots.

During the 10 for 10 campaign D'Agostino will donate to 10 nonprofit organizations. Eight organization will be nominated by clients, subcontractors and colleagues and two will be nominated by the general public through a social media campaign. People are invited to visit Purple Cat's Facebook page at [www.facebook.com/PurplecatPR](http://www.facebook.com/PurplecatPR), like the page and then post the name of their favorite 501©3 nonprofit organization.

"I had spent nearly 20 years in the nonprofit sector before starting my business," says D'Agostino. "My additional nearly five years serving in editorial positions at weekly newspapers and business publications as well as my journalism degree gave me a grounding in developing and telling stories which is what any good marketing person does. So when I started my business I assumed my clients would be nonprofits," she adds.

As the business grew in the first year small businesses came to her as well. "Initially, I wasn't sure that I would like work-

ing with small businesses, but what I found out was it was the passion of the leaders in the organization that drove me, not whether it was for profit or nonprofit. I feel privileged to help so many amazing nonprofits, local agencies and small businesses reach their goals.

For more information on 10 for 10 or Purple Cat, call 410- 604-2319, visit the Facebook page or email [carol@purplecatpr.com](mailto:carol@purplecatpr.com).



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# Adkins Arboretum

**PRE-REGISTRATION IS REQUIRED**

**www.adkinsarboretum.org or call  
410-634-2847, EXT. 0, OR EMAIL  
INFO@ADKINSARBORETUM.ORG.**

## Winter Naturalists Program for Homeschool Students

Homeschool families can beat the winter doldrums by engaging in hands-on science fun at Adkins Arboretum! Science for **Homeschool Students: Winter Naturalists** is a six-week program that begins Feb. 2.

In this engaging series, students ages 8 to 12 will join Youth Program Coordinator Jenny Houghton to conduct insulation experiments, construct birdfeeders, visit a fox den, identify food sources for white-tailed deer, and learn how local wildlife adapts to winter weather. They'll also collect data about winter animal activity in the Arboretum's meadow, forest, wetland and stream habitats. Winter nature poems and outdoor art are part of the learning experience. Classes meet Tuesdays, Feb. 2 to March 8 from 1 to 2:30 p.m.

The series is \$45 for members and \$60 for non-members, with a \$10 discount offered for siblings. Advance registration is required at [adkinsarboretum.org](http://adkinsarboretum.org) or by calling 410-634-2847, ext. 0.

## Winter Nature Fun for Preschoolers

Groundhogs, snowflakes, foxes and more! Celebrate winter and engage your young child with nature with Adkins Arboretum's Acorn Academy Nature



Adkins Arboretum Youth Program Coordinator Jenny Houghton teaches preschoolers the wonders of the winter world. Registration is underway for the Arboretum's winter preschool series.

Preschool programs. Taught by Youth Program Coordinator Jenny Houghton, this series of six classes for three- to five-year-olds is offered Tuesday mornings beginning Feb. 2.

Advance registration is required for these popular programs. The fee per class is \$5 for members and \$7 for non-members. Parents may register their preschoolers for individual programs or for the six-program series.

Programs run from 10 to 11:15 a.m. and include a craft and a snack. Space is limited, so early registration is recommended. For more information or to register, visit [adkinsarboretum.org](http://adkinsarboretum.org) or call 410-634-2847, ext. 0.

Programs include:

### Groundhogs Galore / Feb. 2

It's Groundhog Day! Learn about Mr. Groundhog and his predictions for the arrival of spring. We'll look for Arboretum groundhog homes, make groundhog puppets, and sing a special groundhog song.

### Journey of a Snowflake / Feb. 9

Let's pretend we're snowflakes journeying through the winter sky! We'll make a glittery snowflake craft, look for Jack Frost in the forest, and warm up with hot chocolate and the beloved children's book *A Snowy Day*.

### Mitten Magic / Feb. 16

Do you have a mouse in your mitten? We'll read Jan Brett's classic children's story *The Mitten* and make mouse mittens to take home. In the forest, we'll look for signs of animals and find out how they keep warm when mittens aren't an option.

### Antlers Away / Feb. 23

While many animals are hibernating through the winter, deer are out and about! Let's learn about the white-tailed deer and make casts of deer tracks on a meadow walk. Back in the classroom, we'll color antler headbands and enjoy animal stories.

### Fox Trot / March 1

Where do foxes go when the cold wind blows? In their cozy dens, of course! Follow a winding trail to an Arboretum fox den, sing and dance to the "Fox Trot," and make pop-up fox finger pup-

pets during this fun-filled class.

### Seed Starters / March 8

It's time to start thinking about your summer garden! Learn how seeds grow and start your own seeds in a nifty egg carton tray. Then visit the Arboretum greenhouse and enjoy a picnic snack.

## The Art of Nature, Works by Students of the Adkins Arboretum Botanical Art Program, on View Through January 29

Works by students in Adkins Arboretum's Botanical Art Program are featured in *The Art of Nature*, on view through Jan. 29 at the Arboretum's Visitor's Center. Depicted in precise, highly detailed drawings and paintings are sprigs of holly, ripe pears, magnolia leaves and blossoms, winterberries and even a perky wren perched on an illuminated letter W.

Focusing on plant diversity of the Eastern Shore, with the addition of some fruit and fauna, this show presents a range of botanical art from beginning drawings through advanced botanical art pieces. There will be a reception on Sat., Dec. 5 from 3 to 5 p.m.

"We use many materials from the Arboretum and walk the trails to see



Anna Harding's "Magnolia Leaf" is among the pieces on view in *The Art of Nature*, an exhibit comprising works by students in Adkins Arboretum's Botanical Art Program.

the plants in their natural environment,” said Lee D’Zmura, who has been teaching in the program since its inception in 2006. “We work mostly with native plants, and each class focuses not only on artistic techniques but also on the botanical characteristics and values of the subject material.”

Turning their love of nature into an art form, both D’Zmura and Kelly Sverduk, who began teaching at the Arboretum in spring 2015, received their certificates in botanical art from Brookside Gardens School of Botanical Art and Illustration and have gone on to exhibit and teach in many venues.

The two artists see Adkins Arboretum, with its 400 acres of native forests and meadows, as an ideal setting for the study of botanical art. Working in a variety of mediums, including graphite, watercolor and color pencil, students in the program learn to observe and accurately document native species.

“Artists sometimes say they are terrified by the blank sheet of paper,” said Sverduk. “I like to break projects down into a step-by-step approach so that students understand how to start a painting, how to simplify the bulk of the work into layers and sections, and finally how to finish with details. If you have a plan in place, starting a painting becomes much less scary.”

Merging art and science, botanical art aims at capturing the essence of a plant with botanical accuracy. Dating back at least to the fifth century, botanical illustration came into its own in the eighteenth century as a method of plant identification, used particularly for medicinal purposes. Through the years, it has evolved as a true art form embracing expressive interpretation of plants, and it continues to be one of the most popular kinds of art enjoyed in homes and businesses.

The Arboretum’s botanical art program focuses on teaching students fundamental drawing and painting techniques and skills. From beginning classes, students can progress through more advanced workshops that hone their skills and introduce new mediums.

“I find it so exciting to see a student’s skill level and confidence increase over several classes, or sometimes even over the course of the painting,” Sverduk said. “The program at Adkins gives students a good base of skills that they can use for any subject, not limited to botanicals.”

This show is part of Adkins Arboretum’s ongoing exhibition series of work on natural themes by regional artists. It is on view through Jan. 29 at the Arboretum Visitor’s Center located at 12610 Eveland Road near Tuckahoe State Park in Ridgely. Contact the Arboretum at 410-634-2847, ext. 0 or info@adkinsarboretum.org for gallery hours.



Stop in, see our new designs and put your name in for a \$49 necklace drawing in February.



## Jan Baker's Fourth Street Gallery

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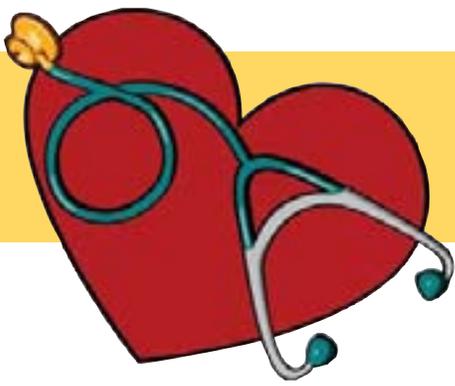
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# Health Corner

Tips, Classes and Programs to help you live healthier!

## The Truth About Chewing Tobacco

*Submitted by Heather Reed, RN, BSN, Wellness Promotions, Caroline County Health Department*

Chewing tobacco may be referred to as spit, dip, or snuff. It usually comes in a can or small pouch. Chewing tobacco often time contains more nicotine than cigarettes. Nicotine is the same chemical that makes cigarettes highly addictive. Nicotine can affect brain growth, increase the heart rate and blood pressure, as well as be a gateway for other drugs.

Chewing tobacco is not a safe alternative to cigarettes. An addiction to chewing tobacco can be very fast to form and very hard to break. In addition to the highly addictive nicotine there are other cancer causing chemicals found in chewing tobacco such as formaldehyde which is traditionally used to preserve dead things – not something that should go into any living human. Aside from the danger of cancer, the toxins in chewing tobacco can cause the gums to pull away from teeth, formation of white patches inside the mouth, bad

breath, and tooth loss.

Use of chewing tobacco often results in mouth, throat, and/or tongue cancer. In order to treat this type of cancer that part of the body generally has to be removed, which can leave the person looking disfigured, as well as with difficulty eating, talking, and swallowing. Sometimes even after treatment more cancer is found in other places of the body because oral cancer is quick to spread.

It is best to never try chewing tobacco. However, if you or someone you know uses chewing tobacco it is very important for them to check for early warning signs of oral cancer and visit the doctor or dentist at least every 3 months for a mouth check. Better yet, they should consider trying to quit. There are many options. All local health departments have free quit programs and Maryland has a state hotline, 1800-QUIT-NOW that residents can call 24/7 for help.

Caroline County Health Department's quit program consists of free group classes, individual counseling, as well as nicotine replacement products like patches or gum to help make any quit attempt a success. Give us a call today at 410-479-8080.

## Happy New Year!

*Submitted by Leigh Marquess, RN, Director of Wellness Promotions, Caroline Co. Health Dept.*

January tends to be the time we make resolutions about many aspects of our lives: our jobs, relationships, finances, and hopefully our health too! Make 2016 the year you actually commit to making positive health changes for yourself and your family. Here are a few ideas to get you started!

1. Start a realistic exercise program such as daily 30 minute walks.
2. Set attainable goals for weight loss (eliminating 500 calories a day= 1 lb per week!)
3. Chose healthy foods for your family including fresh vegetables and fruits, whole grains, lean proteins and low fat dairy products. Eliminate sugary drinks and fried foods.
4. If you smoke, consider quitting. This will improve your overall health, reduce your risk of lung and heart disease along with many types of cancer; throat, lung, breast, and colon to name a few! The Caroline County Health Dept. Smoking Cessation Program offers free classes, nicotine replacement products and support to help you quit.
5. Are you due for your annual check-up with your primary physician or nurse practitioner? It is important to be seen at least once a year when you are well to ensure good health.
6. Don't put off those routine cancer screenings! Men..if over the age of 50 ( some as young as 40) should consult with their Dr. about the risk/benefit of prostate cancer screening. Men and women should have a routine colonoscopy starting at age 50 (younger if symptomatic or a family history of

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colorectal cancer). Ladies..if you are over age 40 it is important to have a yearly clinical breast exam and mammogram to screen for breast cancer. Women over age 21 should get regular Pap and HPV co-testing to screen for cervical cancer. Consult with your primary care provider to see if you are due for screening this year.

The Caroline County Health Dept. offers many programs to help you on the path to wellness, including:

- Smoking Cessation Program and Pregnancy And Tobacco Cessation Help (PATCH)
- Breast and Cervical Cancer Screening Program
- Colorectal Cancer Screening Program
- Oral Cancer Screening Program
- Skin Cancer and No Tobacco education program for schools, groups and individuals.
- Mini grants are still available through The Cigarette Restitu-

tion Fund to support non-profit organizations in educating the community on the dangers of tobacco use, second hand smoke and electronic cigarettes.



A State Agency Serving the People of Caroline County

*New this year!*

**The Diabetes Prevention Program Starting January 6, 2016**

This is a FREE year-long program designed for people with pre-diabetes aimed to teach life-style changes in an effort to prevent diabetes.

For more information about all our programs and eligibility requirements call the Wellness Promotions office at 410-479-8080.

Cheers to you and best wishes for a happy and healthy New Year!

**January is Cervical Health Awareness Month!**

*Submitted by Leigh Marquess, RN, Director of Wellness Promotions, Caroline County Health Dept.*

What is Cervical Cancer? It is a cancer that grows on a woman's cervix. It can grow slowly as abnormal cells change to a pre-cancerous state. Sometimes these changes go away without any treatment. Other times the cells need to be treated so cancer doesn't develop.

What causes cervical cancer? Most cervical cancers are caused by the human papilloma virus (HPV). It is very common. By age 50, 80% of women had HPV at one point in their lives.



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**IF YOU HAVE PRE-DIABETES, NOW IS THE TIME TO MAKE PREVENTING TYPE 2 DIABETES A PRIORITY!**



## **Caroline County Health Department will be offering a **FREE** DIABETES PREVENTION PROGRAM**

**WHAT:** Lifestyle classes aimed to prevent diabetes.

**WHEN:** Beginning January 6, 2016 through December 2016 on Wednesday evenings.

Year long program broken into 2 components.

- 16 weekly sessions held January-April.
- 12 follow up sessions held May-December.

**TIME:** 5:30 p.m. to 6:30 p.m.

**WHERE:** Denton Library  
100 Market Street, Denton, MD

**COST:** FREE

**PREVENTION WORKS!**

**\*Pre-Registration is required\***

Please call Heather Reed, RN, BSN at the Caroline County Health Department at **410-479-8080** or email [heatherl.reed@maryland.gov](mailto:heatherl.reed@maryland.gov) to learn more or sign up!



### **ELIGIBILITY SCREENING**

*(must meet all requirements to enroll)*

- 18 years of age or older
- Resident of Caroline County
- BMI  $\geq 24$  ( $\geq 22$  if Asian)
- Current blood work reflecting pre-diabetic status OR history of gestational diabetes
- Limited income per state guidelines



How is cervical cancer detected? Pre-cancerous and cancerous cells are discovered by a Pap test. A small sample of cells is taken from the cervix and is checked under a microscope for abnormal cells. A test for HPV may be used together with the Pap test.

When should I get a Pap test? Women should start getting regular Pap tests starting at age 21. If you are older than 65 and have had normal Pap tests for several years your health care provider may tell you it is okay to stop having Pap tests.

How can I prevent cervical cancer? When pre-cancerous cells are found, they are treatable and cervical cancer can be prevented. Remember, regular Pap tests can find cancer before it starts. Also, the HPV vaccine helps prevent HPV infection that leads to cervical cancer. The HPV vaccine is approved for use in females and males ages 9-26 years of age. Check with your provider to see if the vaccine is right for you or a loved one.

How will I pay for a Pap test? Check with your health insurance about costs and co-pays.

If you are a Caroline County woman aged 40-64 and do not have health insurance that covers Pap tests call The Caroline County Breast and Cervical Cancer Screening Program at 410-479-8080 to find out if you are eligible for a Pap test at no cost to you!

Cervical cancer is one of the most preventable cancers that affect women. Take measures to ensure your good health with regular Pap tests.

**Lead Poisoning Prevention:  
What Do Parents Need to Know  
to Protect Their Children?**

*Submitted By: Elaine Cowgill,  
Caroline County Health Department  
Immunization & Lead Outreach*

CDC has updated its recommendations on children's blood lead levels. By shifting the focus to primary prevention of lead exposure, we can reduce or eliminate dangerous lead sources in children's environments BEFORE they are



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exposed. What has not changed is the recommendation for when to use medical treatment for children. Children can be given a blood test to measure the level of lead in their blood. Talk to your child's doctor if you are concerned about lead exposure. Experts now use a reference level of micrograms per deciliter to identify children with blood lead levels that are much higher than most children's levels. This new level is based on the U.S. population of children ages 1-5 years who are in the highest 2.5% of children when tested for lead in their blood. Until recently, children were identified as having a blood lead "level of concern" if the test result is 10 or more micrograms per deciliter of lead in blood. CDC is no longer using the term "level of concern" and is instead using the reference value to identify children who have been exposed to lead and who require case management. In the past, blood lead level tests below 10 micrograms per deciliter of lead in

blood, may or may not, have been reported to parents. The new lower value means that more children will likely be identified as having lead exposure allowing parents, doctors, public health officials and communities to take action earlier to reduce the child's future exposure to lead.

As we enter into the New Year 2016, there are five things you can do at home to help lower your child's lead level.

- Make a plan with your doctor.
- Find the lead in your home.
- Clean up lead dust.
- Give your child healthy foods.
- Learn more. Get support.

Content Source: Centers For Disease Control and Prevention

## Compass Regional News, Programs and Support Groups

### New Volunteers Complete Training

Compass Regional Hospice added six volunteers to its pool of men and women who help patients and their families in Queen Anne's, Kent and Caroline Counties. The new volunteers who completed volunteer training at the Caroline Hospice Home in Denton are Valerie Palmen of Centreville; Bob Wack of Grasonville; Kathy Hall and Tina Gray of Denton; Kathy Hyde of Greensboro; and Ron James of Rhodesdale.

Completion of the Compass Regional Hospice patient care training qualifies hospice volunteers to provide emotional support and practical assistance to hospice patients, family members and caregivers in their homes, in nursing homes and assisted living facilities, and in the residential hospice centers in Centreville and Denton.

"Our volunteer training program helps people learn to be a companion as a hospice patient nears the end of life," says Courtney Williams, manager, volunteer and professional services for Compass Regional Hospice. "The training also gives volunteers knowledge and skills they can use to enhance comfort and quality of life. Trainees explore their own feelings about death and dying as they learn how to be with people at one of the most vulnerable times in life."

Volunteers who want to provide direct patient care will be required to complete several additional hours with patients under the supervision of a Compass Regional Hospice clinical staff member. For those who wish to be involved in grief support offered by Compass Regional Hospice, additional training is offered by the Hope & Healing Center grief counselors.

Compass Regional Hospice provides hospice care and grief support services in Queen Anne's, Kent and Caroline Counties. To learn more about 2016 volunteer training dates and volunteer opportunities with Compass Regional Hospice, call Courtney Williams, 443-262-4112 or visit [www.compassregionalhospice.org/volunteers](http://www.compassregionalhospice.org/volunteers).



Kathy Hyde of Greensboro receives guidance on how to assist hospice patients and their family members from Sharon Loving, LCSW-C, supervisor of support services for Compass Regional Hospice.

### Gala Scheduled for March 4

On Friday, March 4, 2016, Compass Regional Hospice hosts its annual Gala at Annie's Paramount Steak & Seafood House in Grasonville. The Compass Regional Hospice Gala is the premier fundraiser that supports hospice care and grief support available in Queen Anne's, Kent and Caroline Counties.

This year's honorees will be CNB and Queenstown Bank. Both banks have been supporters of hospice in Queen Anne's County since Hospice of Queen Anne's was founded in 1985.

The 2015 Gala begins at 6:30 PM and features cocktails and hors d'oeuvres followed by a seated dinner of lobster tail and steak. After dinner, the dance band *Retrospect* will entertain guests with a playlist that includes today's hits and memorable tunes back to the Big Band era.

Gala guests will support Compass Regional Hospice by competing for silent and live auction items that will include nights out on the town, vacation packages, jewelry, art and many other treasures.

Diamonds are the centerpiece of this year's jewelry raffle. The winner of the raffle will choose between a diamond ring or diamond earrings donated by Paula's Fine Jewelry in Chester. Raffle tickets are \$100 and only 100 tickets will be sold. The winning ticket will be drawn at the Gala and the winner need not be present.

Gala tickets are \$200 per person and must be purchased in advance of the event. To purchase Gala tickets and jewelry raffle tickets and to sponsor the Gala, contact Kenda Leager, [kleager@compassregionalhospice.org](mailto:kleager@compassregionalhospice.org), 443-262-4106. More information is also available at [compassregionalhospice.org/events](http://compassregionalhospice.org/events).

### Adult Grief Support Group

Compass Regional Hospice is forming a new 10-week grief support group for adults 18 years and older who have experienced the death of a loved one. The first meeting is scheduled for Wednesday, January 13, 2016, 3:30 p.m. to 5:30 p.m., at Sacred Heart Catholic Church, 508 High Street in Chestertown. The group will meet every Wednesday through March 16. Participants are asked to commit to attending all 10 sessions in order to benefit the most from the group.

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The grief support group will be co-facilitated by Ann OConnor, LCSW-C, and Wayne Larrimore, MEd, grief counselors for Compass Regional Hospice.

“Our grief groups are a combination of education and support,” says O’Connor. “The group becomes a place for people to meet others who have experienced the death of a parent, child, sibling, spouse or friend.”

OConnor adds, “In this confidential and intimate setting participants will have a chance to say things they might feel uncomfortable saying to family and friends. Together, with facilitation from the leaders, the group members share ways to cope with their changed situation, realizing that grieving and adjusting to new ways of living take time.”

A \$25 enrollment fee covers the cost of materials. No one will be turned away based on inability to pay.

For more information about the adult grief support group, call Compass Regional Hospice, 443-262-4100, or email Ann OConnor, [aoconnor@compassregionalhospice.org](mailto:aoconnor@compassregionalhospice.org) or Wayne Larrimore, [wlarrimore@compassregionalhospice.org](mailto:wlarrimore@compassregionalhospice.org). To learn more about other grief support programs available through Compass Regional Hospice’s Hope & Healing Center, visit [www.compassregionalhospice.org/hopeandhealing](http://www.compassregionalhospice.org/hopeandhealing).



Ann OConnor, LCSW-C and Wayne Larrimore, MEd (right) will co-facilitate a new adult grief support group beginning in January 2016.



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[www.compassregionalhospice.org](http://www.compassregionalhospice.org)

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## Expanding care in Caroline County



**The Caroline Hospice Home now open at 613 S. 5th Avenue in Denton offers:**

- 3 private patient rooms
- Living room and dining areas for visitors and family gatherings
- Library for consultations and counseling
- Chapel for private reflection and prayer
- 24/7 medical care
- Grief support and spiritual counseling



**Other services available in Caroline County:**

- Hospice care in private residences, nursing homes, assisted living facilities
- Bridges pre-hospice care
- Grief support groups
- School-based grief and spiritual counseling



**Support hospice care in your community with a donation to Caroline Hospice Foundation, 410-479-3500, [carolinehospice.com](http://carolinehospice.com)**

## Caroline County Garden Club

The Caroline County Garden Club will meet on Friday, January 8<sup>th</sup> at the Caroline County Library, Denton at 11 AM. Mr. George Meyer, President of the Wye River Beekeepers, will present information on honeybees and beekeeping. For more information, call: 773-786-3227.

## Deed Transfers

Glenn R. Makovsky and Shannon K. Makovsky to Christopher Wade Mitchell, 206 7th Street, Denton, \$200,000.

Dorothy C. Sculley to Marion F. Welch, Jr., Robin Welch, and Patrick Franklin Welch, 23840 Bridgetown Road, Henderson, \$50,000.

Estate of Robert A. Corwin to Angelina Marie Douglass, 5268 Preston Road, Federalsburg, \$155,000.

Marie F. Chance to Matthew E. Ball and Kelly M. Ball, 21125 & 21129 Dover Bridge Road, Preston, \$138,612.

Robert J. Moore and Jillian H. Moore to Marla Strappe, 320 Hughlett Street, Preston, \$184,000.

Brian D. Vance to Dana E. Church and Gloria J. Church, 15475 Oakland Road, Goldsboro, \$180,000.

Daniele Valenti to Mohammad Naseer and Irm Irshad, 1211 Painted Fern Road, Denton, \$205,000.

Greensboro Volunteer Fire Company, Inc. to Caroline Commissioners, East Sunset Avenue, Greensboro, \$51,000.

Michael W. King and Mary S. King to Donald Segal and Barbara McAlpine Segal, Lot #4, Tanyard Road, Preston, \$175,000.

John D. Doucet to Kevin C. Blazejak and Jatanna F. Blazejak, 14060 Talley Court, Queen Anne, \$265,000.

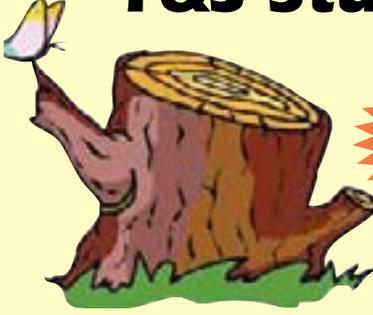
Ronald David Markey and Eileen Lynn Markey to John J. Rupp and Kimberly M. Rupp, 12892 Crouse Mill Road, Ridgely, \$422,000.

Kenneth S. Cardwell and Diane M. Cardwell to Nadeem M. Ashraf and Rabia Ashraf, 1106 Daylily Lane, Denton, \$199,000.

Fannie Mae to Nathan C. Todd, 501 Liberty Road, Federalsburg, \$87,128.

Sandra K. Higdon and Steven Higdon to Karli M. Higdon, 22052 Church Street, Hillsboro, \$88,000.

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Raymond Williams and Deborah Williams to Filiberto Velasquez Escalante, 18979 Harmon Road, Maryland, \$117,000.

Fannie Mae to Joseph Arsenault and Lindsay Sturgill, 1166 Osprey Lane, Denton, \$175,000.

Michael C. Winstead, Jr. to Michael Jacobsen and Allyson Verenazi, 11275 Central Avenue, Ridgely, \$179,000.

Christopher R. Murphy and Katie M. Murphy to Judith A. Balent-Morsy, 1239 Painted Fern Road, Denton, \$240,000.

Fannie Mae to Robert Baynard and Brenda Baynard, 106 Main Street, Preston, \$60,000.

Bonnie Webster Forgacs to Michael A. Nikodemski and Roberta W. Nikodemski, 8814 Fisher Road, Denton, \$395,000.

Karen Lee Haddaway to Megan B. Markie, 23134 Deer Run Court, Denton, \$268,000.

Karen Hardy and Dale W. Hardy to James Frederick Spedden and Kimberly Faith Spedden, 17791 Keen's Fright Road, Henderson, \$424,900.

Khris E. Wildt to Ronald L. Weippert, Jr. and Samantha A. Weippert, 9466 Quail Run Road, Denton, \$373,000.

Champion Mortgage Company of Texas to Beverly Dee Collins, 4670 Smithville Road, Federalsburg, \$90,000.

William J. Higgins to Priscilla L. Mileski, 21666 Dover Bridge Road, Preston, \$79,000.

Cindy Nguyen to Franklin Eugene Arthur, III, 27694 Wilhelm Road, Denton, \$40,000.

Katie C. White to Raymond E. Conrad, III and Sara W. Conrad, 214 Apple Lane, Preston, \$175,000.

Marie Compton and Patricia T. Clawson to Katelyn Rose and Lisa Marie Rose, 1311 Chesapeake Drive, Denton, \$156,500.

Fannie Mae to Ian P. Mitchell and Jody M. Mitchell, 274 Tidewater Circle, Preston, \$217,000.

Gerry E. Bradley to Robert Goebel Properties, LLC, 306 Maple Avenue, Federalsburg, \$70,000.

The Estate of Tyrone F. Flamer to Debra B. McCaw, 902 Old Camp Road, Denton, \$75,000.

(continued on next page)

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Julie McMahan Thomas to Brian E. Beard, 102 Sunrise Avenue, Ridgely, \$280,000.

Comptroller of Caroline County and Collector of Taxes for Maryland to Town of Greensboro, 121 Lincoln Street, Greensboro, \$479.46.

Edgewater, LLC to Gary A. Zamparo and Catherine M. Zamparo, 1220 Trice Meadows Circle, Denton, \$20,000.

RGE Holdings, LLC to Robert N. Taylor and Janna Lynn Taylor, 513 West Central Avenue, Federalsburg, \$22,000.

Nathan A. Yost and Cynthia L. Yost to Danielle N. Griffith, 22915 Lyn Oaks Drive, Preston, \$235,000.

James B. Hubbard and Teri C. Hubbard to Jerry A. Carmine, Jr., 3501 Linchester Road, Preston, \$159,000.

Laura H.G. O'Sullivan, Erin M. Brady, Diana C. Theologou, Laura L. Latta, Jonathan Elefant, Laura T. Curry, Chas-tity Brown to S-2 Properties, LLC, 206 Apple Lane, Preston, \$73,000.

Dianne Morris-Masten to P. Gregory Spiering and Denae Spiering, 2673 Myrtle Avenue, Preston, \$145,000.

Deutsche Bank National Trust Company to Ryan Michael Clark, 314 Mallard Drive, Greensboro, \$120,000.

The Bank of New York Mellon to Durrell Miller, 11868 Holly Plains Drive, Ridgely, \$153,000.

Fannie Mae to James Bass, 1518 Cattail Commons Way, Denton, \$204,000.

Branfields, LLC to Stafford General Contractors, LLC, Lot #4, Branfields Drive, Ridgely, \$39,900.

The Estate of Florence DeNagy to John Mosley, III, 405 West Central Avenue, Federalsburg, \$45,000.

Bruce D. Saia to Our Dream Farm, LLC, 11429 Holly Road, Parcels 118 & 198, Ridgely, \$1,650,000.

8919, LLC to Lester A. Walls and Barbara E. Walls, 24469 Deersfield Lane, Ridgely, \$118,000.

Michael Leonard Vogt to Todd Franklin Tribbett, Lot #3, Schneider Road, Denton, \$42,500.

Keith Williams to Susan Clark, Parcel 76 on Ridgely Road, Hillsboro, \$15,000.

Stafford General Contractors, LLC to Dustin M. Otto and Janet L. Otto, 24846 Branfields Drive, Ridgely, \$235,825.

AGN Capital, LTD to Jose Castro and Maria Ortiz, 312 North Main Street, Greensboro, \$25,000.

Federal Home Loan Mortgage Corporation to Ronald Brown and Ashley Clough, 22311 Hog Creek Road, Preston, \$170,000.

James M. Brenton, Jr. and Kathleen M. Brenton to Leroy A. Woomer and Lisa Lynette Woomer, 120 Edenton Lane, Denton, \$143,000.

Glenn A. Staehli, Sr. to Rhonda A. Lemon, 21240 Dover Bridge Road, Preston, \$110,000.

Fannie Mae to Robert C. Nichols, Jr. and Lindsey A. Nichols, 24272 Robins Creek Road, Preston, \$200,000.

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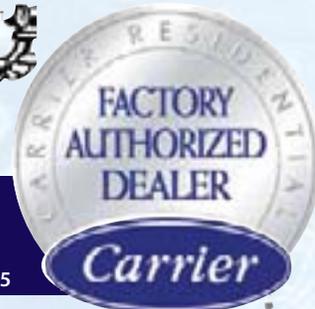
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- Nov. 6 Charles Edward Robinson, 83, Ridgely
- Nov. 9 Paula Faye McMillan
- Nov. 15 Wilson Everett Steele, 61, Goldsboro
- Nov. 17 Dorothy Cannon Sculley, 88, Delmar
- Nov. 20 Catherine Jean Sears, 84, Henderson
- Dec. 1 Mary C. Ivens, 92, Ridgely
- Dec. 2 John Alan Richard
- Dec. 6 Muriel C. Fernald, 71, Ridgely

**Framptom Funeral Home - Federalsburg**  
410-754-8888 [www.framptom.com](http://www.framptom.com)

- Nov. 19 Marian Blades Taylor Eaton, 86, Preston
- Nov. 20 Sandra Lee French Wroten, 43, Seaford, DE
- Nov. 26 Bernice E. Brown, 80
- Nov. 27 Beverly S. Blades, 85, Preston
- Dec. 7 Clifford Smith, 56
- Dec. 9 Calvin Spedden, 68, Cokesbury
- Dec. 11 William Albert Brown, 73, Federalsburg
- Dec. 12 Charles R. "Chuck" Fulkerson, 63
- Dec. 13 Mildred M. Fluharty, 79, Easton

**Moore Funeral Home - Denton**  
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- Nov. 4 Grace Gelletly Laramore, 93, Denton
- Nov. 4 Naomi Edith Hinton, Denton
- Nov. 7 Claude C. Hartwick, 90, Denton
- Nov. 10 Robert L. Schall, 74, Denton
- Nov. 11 George M. Faulkner, 93, Cordova
- Nov. 15 Beverly A. Sherman, 83, Denton
- Nov. 17 Leonard Virgil Hill, 77, Denton
- Nov. 20 Ennis C. Shaffer, 90, Denton
- Nov. 25 Amelia Fuchs Brown, 95, Denton
- Nov. 29 Crawford W. Ringgold, 92, Denton
- Nov. 29 Wilson E. "Jumpy" Jump, 85, Greensboro

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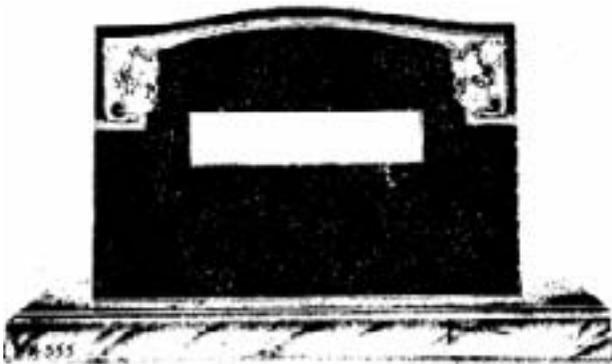
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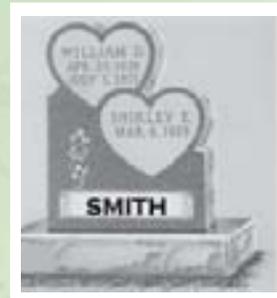


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# Caroline Review Word Puzzle

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L Q P E R G S H K A B N A O B L A B  
R E U E G O U A A E V C A T I Y I A  
E A M E G N I L L I H C S R I N L R  
D W Y P T O A G T A P S A R F A Y O  
L K A I I Z F L E R C U S A C R S D  
I A O K U R A R I K U E R I A Z N A  
U F I R A G A L C M U M T N K U B Z  
G G A N U T U E A D E E D E O A A U  
T H C N T N D O O I M V L P D G K R  
A A I A R I A N E Y R B E E U E C C  
B N N M N R G E A D U Q I A C R H A  
O I U A T O V G O R L A R T S U A T  
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R M A R K Y L Z R I N O W A Q I O S  
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**Rowe Insurance Agency**

Greensboro 410-482-8603

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**LIQUOR STORES****Bargain Beverage**

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**NAILS****J.D's Hair Plus, Inc.**

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**Linda D Webb, Realtor**

EXIT Gold Realty, Denton/Grasonville

LindaWebb@exitgoldrealty.com

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**Susan Chambers**

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## 42<sup>nd</sup> East Coast Commercial Fishermen's and Aquaculture Trade Expo

The Maryland Watermen's Association (MWA) will hold its 42nd East Coast Commercial Fishermen's and Aquaculture Trade Expo January 15-17, 2016, at the Roland E. Powell Convention Center in Ocean City, MD.

This Expo is the only commercial fishing and aquaculture show in the Mid-Atlantic Region. Over 100 exhibitors will display products and services used in the commercial fishing, charterboat and aquaculture industries and also by the sport and recreational fishermen. Products will be displayed for both the inshore and off shore fisheries.

Seminars will be held on Saturday January 16th. Topics will include information on new or pending regulations and marketing trends affecting both commercial fisheries and the aquaculture business. All programs will be held at the Convention Center and are included in the price of admission.

The Mid-Atlantic Waterman of the Year Contest will be held on Saturday as skilled watermen compete for money and prizes in individual contests of net mending, rope splicing, knot tying and roping the pilings to dock their boats. The contest is sponsored by Martin's Fish Company and Vane Brothers.

On Sunday, January 17th at 3 PM, MWA will hold the annual drawing for its truck raffle—this year it will be for a 2015 Ford 4x2 XLC Pick Up Truck. Only 600 tickets will be sold for \$100 each. Tickets will be on sale all three days of the Expo or can be purchased in advance online or by calling the MWA offices.

The Expo runs Fri., Jan. 15th from 11 AM to 5 PM; Sat., Jan. 16th from 10 AM to 5 PM; and Sun., Jan. 17th from 10 AM to 3 PM.

Daily Admission is \$15; children 12 and under are free. Pre-registration admission (open until Friday, January 8) is only \$25 for all three days. Children 12

and under who attend the show can receive a free t-shirt from the MWA booth (children sizes small-large; while supplies last). Call the MWA office at 410-216-6610 for pre-registration information or register on the website – marylandwatermen.com

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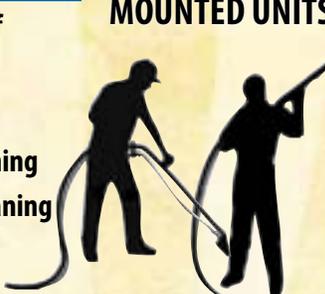
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X Large - 5 lb. frozen block

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